

How do you practice commitment?

“I choose what is best and stick with it until the end.”

What does God say?

“They always do what they promise, no matter how much it may cost.”

Psalm 15:4b GNT

Teaching Objectives

for use in evaluations

1. To memorize declaration and verse.
 2. To give students the opportunity to make weekly commitments to do conditioning homework and return their papers the following week **with a parent's initials**. Commitment-keepers are rewarded with _____. Those who complete their homework the full season will receive _____.
*Emphasis/praise should be placed on the fact they **kept their commitment** rather than on doing the homework.
- Homework handouts will be given after each class this season beginning with week two. There are four to choose from.
 - BEFORE handing out, remind students **each week** if they are willing to make the commitment to do the homework even if there are days they don't feel like it. Remind them that commitments are promises and should not be taken lightly.
 - Students will need to complete at least three of the five days of all the exercises in order to receive their reward. **Parents will need to initial them.**
 - You will need to keep track of each student's weekly returns to properly reward those who completed homework the full season. (*perhaps on the attendance?*)

Fall 2022 CT Sr Version: I Am Committed

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2022 Fall

COMMITMENT

September 6 - December 3

Closed:

Sep 1-5 (Labor day Break)

Nov 13: Starwatch Student Show

Nov 22-25: (Thanksgiving Break)

September 2022						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

Story: "The Choice Is Black or White"

Main Points Each Week:

- Lesson 1: I make commitments after counting the cost because they help me grow into a better person.
- Lesson 2: I will think hard and ask questions before I choose to make a commitment.
- Lesson 3: Every commitment I make, big or small, is a step toward who I will become as an adult.
- Lesson 4: I seek wisdom from God and other important people before making big decisions.
- Lesson 5: I think about how this commitment will serve God and others before I agree to it.
- Lesson 6: I make sure I understand everything that will be required of me before I make a commitment.
- Lesson 7: Sticking with my commitments challenges me to learn and grow.
- Lesson 8: I experience the greatest rewards when I carry out my commitments with excellence.
- Lesson 9: I don't get distracted. I stay focused on my commitments (because faithfulness is rewarded).
- Lesson 10: Sticking with commitments can bring great rewards but also reveal my weaknesses.
- Lesson 11: When I feel like breaking my commitment, I remind myself I may miss out on the greatest rewards.
- Lesson 12: I make commitments after counting the cost because they help me grow into a better person.

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Week 1: Sep. 6-10 (Monday classes miss. Week 1 has no story)

1. **Teach and repeat the declaration, verse, and sign language several times.**
2. **Intro:** This season we're going to learn about making commitments. When you make a commitment, you are agreeing to do what you said you would do, to the best of your ability and until it's over. Some commitments are long and take years to finish. Some are short, only a few hours. Some are easy to keep. Others are hard. But every commitment is a promise to do what you say you will do. Don't be too quick to commit to something until you think about it and are sure you can finish it!
3. **Lesson 1: I make commitments after counting the cost because they help me grow into a better person.**
 - a. According to our declaration, who decides whether or not to make a commitment?
 - i. *YOU! When you make a commitment to do something, you are not only making a promise, you are also choosing to be accountable to God and to others to complete it.*
 - ii. *Commitments are very serious. Do not make commitments unless you are sure you **want** to keep them and are **able** to keep them!*
 - b. If your best friend invites you to Cedar Point tomorrow, but you had already promised your neighbor you would walk their dog while they're gone, what would you do?
 - i. What does our bible verse say? What do you think *no matter what the cost* means?
 1. *Cost means you **give** something in order to **get** something in return.*
 2. *If you **give** the theater \$10, what do you **get** to do? (watch a movie.)*
 3. *Sometimes you must **give up** something - like going to Cedar Point - so you can **gain** trust and a good reputation, even though it is hard to do at that moment.*
 4. It may **cost** you one day of fun to stick to your commitment to walk the dog, but you are **gaining** long term favor with God and others. Your neighbor will tell other people you keep your promises. You are becoming a better person who others can trust. You are growing your *character!*
4. **Wrap Up:** I have something I'd like for you to do before your next class. (*Show a homework page*) These are homework papers I'll be giving out each week for you to take home. I would like you to make a commitment to do all these exercises at least three of the days until the next class. You'll get stronger faster if you do extra work at home! If you follow through with your commitment and bring them back the next week with your mom or dad's initials here, I'll give you _____. I want you to think about this for the next week before you decide. For those who choose to make the commitment, I'll hand out papers after next week's class. Will you remember to think about it this week?
5. **Practice declaration, verse, and sign language.**

Repeat: **I make commitments after counting the cost because they help me grow into a better person.**

Planning _____

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Week 2: Sep. 12-17

1. Practice declaration & verse together

2. Lead-in: What is a commitment?

a. *It's in our declaration: A choice that I make and stick with until the end.*

b. *Who thought about making a commitment to do extra conditioning this week?*

(For Monday classes and those who missed, give a brief explanation or read last week's wrap up.)

3. Lesson 2: I will think hard and ask questions before I choose to make a commitment.

4. Listen to Chapter 1 of story: *Back to School and Big News*

5. Questions (Choose one or more that best fits your class.)

a. Why did Giselle miss Youth Group?

i. *Her neighbor Ziggy was at her house for dinner asking if she would take care of Bozo for six months.*

b. Why was she excited about this offer?

i. *She would be paid \$1500 and be able to go visit her Aunt Wendy in Norway next summer.*

c. Would this be an easy or hard commitment to make?

d. If you were Giselle, what would you do?

6. Application:

a. What's a hard choice that you have had to make recently?

i. *Maybe which friend to hang out with; which sport to play; what kind of pet to get; choosing between two really fun things to do...*

ii. *Coach example:* _____

b. What should you do before you make a big decision?

i. *Talk to your parents; do some research and learn more; ask questions to make sure you know what is required of you*

c. What should you NOT do before you make a big decision?

i. *Immediately say yes without thinking about it! It may be too hard. You may need to give up something in order to complete it. You may not even be ready or able to take on the commitment.*

7. Wrap Up: Who would like to commit to doing homework this week? Remember, this is a promise that you're choosing to keep! *(Give out papers after class.)*

Repeat together: **I will think hard and ask questions before I choose to make a commitment.**

Planning: _____

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Week 3: Sep. 19 - 24

1. Practice declaration & verse together

2. Lead-in: Who remembered to keep their commitment and do their homework from last week? (*Check for parent initials. Give rewards. Specifically affirm them for keeping their commitment.*)

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 3: Every commitment I make, big or small, is a step toward who I will become as an adult.

4. Short review: Giselle has just returned to school and is talking to her best friend Anna. She spent the summer at three soccer camps because she loves soccer. She missed Youth Group last night because her neighbor Ziggy was over for dinner. He was asking if Giselle would take care of his dog for six months while he was in Alaska working. He would pay her \$1500 which would mean she could go to Norway to visit her Aunt Wendy next summer, something she really wants to do. Mr. Craig, the drama teacher and youth group leader, has just told her they have finally started a traveling drama team.

5. Listen to Chapter 2 of story: *I Don't Know What to Do*

6. Questions (Choose one or more that best fits your class.)

- a. What was Mr. Craig's exciting news?
 - i. *He invited her to be part of the new traveling drama team.*
- b. What was Giselle's first reaction?
 - i. *She felt honored and said she would love to be on the team.*
- c. Why did her excitement suddenly come to an end?
 - i. *She remembered her offer to take care of Bozo. She can't make both commitments.*

7. Application:

- a. Every choice you make is like taking one step. Each step brings you closer to who you want to be when you grow up.
- b. If you want to be healthy and in good shape, what choices should you make each day to help you?
 - i. *Saying no to junk food, no to overeating, no to too much sitting around*
 - ii. *Saying yes to fruits, vegetables, lots of exercise and outside activities*
- c. If you want to become stronger and master your skills here at the gym, what choices can you commit to making today?
 - i. *Listening carefully to your coach; taking as many turns as possible; doing the skills correctly the best you can*

8. Wrap Up: Remember: when you make a commitment you must stick with it, so be sure it is going to lead you to become a better person! Will you commit to completing homework this week? (**Homework**)

Repeat together: **Every commitment I make, big or small, is a step toward who I will become as an adult.**

Planning:

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Week 4: Sep. 26 - Oct. 1

1. **Practice declaration & verse together**
2. **Lead-in:** *Give rewards. Specifically affirm them for keeping their commitment.*
 - a. Did you give up anything to keep your commitment?
 - b. What are you growing when you keep your commitment? *Strong character.*
3. **Lesson 4: I seek wisdom from God and other important people before making big decisions.**
4. **Short review:** Mr. Craig invites Giselle to be part of the traveling drama team. She is overcome with enthusiasm and feels honored UNTIL she remembers Ziggy's offer to take care of Bozo for six months. Giselle wishes she could join the drama team AND earn \$1500 helping Ziggy with his dog. Mr. Craig reminds her, "Each of these opportunities requires a significant commitment and you will have to make a decision."
5. **Listen to Chapter 3 of story: *A Hard Choice***
6. **Questions (Choose one or more that best fits your class.)**
 - a. What does Giselle's Dad tell her about feelings?
 - i. *Feelings alone will never help you make good decisions. Feelings are like being inside a dream. You don't let a dream decide how you'll spend your day.*
 - b. What does Giselle's mom remind her about what the Bible says?
 - i. *God says to "Seek His will in all you do, and He will show you which path to take."*
 - c. What does Giselle do to think through her choice?
 - i. *Asks for help from her teacher and parents.*
 - ii. *Thinks carefully about her different options.*
 - iii. *Asks God what He wants her to do.*
7. **Bible Truth:** "*Without guidance people fall, but in many advisors there is safety.*" Proverbs 11:14
8. **Application:**
 - a. What is one choice that you need help with right now?
 - b. Who is an older or wiser person you can ask for help (now or the next time you have a hard choice)?
9. **Wrap Up:** Practice asking for help, especially from people who know God better than you do. Who's committing to do homework this week? (**Homework papers**)

Repeat together: **I seek wisdom from God and other important people before making big decisions.**

Planning:

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Week 5: Oct. 3-8

1. Practice declaration & verse together

2. Lead-in: *Give rewards. Specifically affirm them for keeping their commitment.*

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 5: I think about how this commitment will serve God and others before I agree to it.

4. Short review: Giselle's parents help her step back from her feelings, think carefully about the choice, and ask "what does God think?" They take her through a process of listing the benefits and the hardships each opportunity brings. Each one will require her to give up some of the things she loves until the commitment ends. After her parents help, they leave it to her to make the decision.

5. Listen to Chapter 4 of story: *The Commitment*

6. Questions (Choose one or more that best fits your class.)

- a. How did Giselle come to her decision to choose the drama team rather than Ziggy's offer?
 - i. *She wanted to choose what **God** thinks is best and took time to pray for an answer.*
 - ii. *At church, she watched a video from the senior youth group's trip to Nicaragua.*
 - iii. *She was very troubled over the poverty the kids lived in and their sad faces.*
 - iv. *She saw and heard a big change in them when the youth group began to sing and tell them about God's love for them.*
 - v. *At that moment, she knew God was telling her this was the commitment He wanted her to make.*

7. Application:

- a. It's important to ask yourself if your commitment is going to be helping others or just you.
- b. Sometimes two people can make the same commitment, but one person does it only to serve themselves while the other does it to serve God.
 - i. Terry makes a commitment to go to the gym every day so he can show off his muscles to all his friends. Who is he helping?
 - ii. Betty makes a commitment to go to the gym every day because she wants to be strong enough to train large dogs to become seeing-eye dogs for people who are blind. Who is she helping?
- c. What commitment could you make for one week that would help others in your family?
 - i. *Wash dishes every night; walk the dog every day; read to or play with a younger brother or sister every day; vacuum or sweep at least one room in the house each day*

8. Wrap Up: When we make commitments that serve others, we not only help them, but we help ourselves grow into better people. Will you commit to doing homework this week? (**Homework handout**)

Repeat together: **I think about how this commitment will serve God and others before I agree to it.**

Planning:

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Week 6: Oct. 10-15

1. Practice declaration & verse together

2. Lead-in: Give rewards. Specifically affirm them for keeping their commitment.

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 6: I make sure I understand everything that will be required of me before I make a commitment.

4. Short review: After talking with her parents, Giselle's dad makes one final comment: *"Either choice will require a commitment from you. A commitment is an agreement with yourself to do what you said you would do to the best of your ability until it's over. Don't commit to something unless you intend to finish it."* Giselle seeks God's help and comes to a decision. She tells Ziggy she has chosen the drama team because she wants to tell kids how much God loves them.

5. Listen to Chapter 5 of story: Consider the Cost

6. Questions (Choose one or more that best fits your class.)

- a. Why didn't Giselle change her mind when she saw how disappointed Ziggy was that she wasn't going to watch Bozo?
 - i. *She had taken time and thought hard about her decision. She had talked to her parents, prayed to God, and after seeing the video was certain God wanted her to be part of the drama team.*
- b. Mr. Craig was clear about what each person on the team would be committing to. What were some of those requirements?
 - i. *To attend all practices; learn how to tell people why you have chosen to live for God; what it means to follow Jesus*
- c. What did Mr. Craig say would be the hardest part of their commitment?
 - i. *Getting along with each other when they've been crammed together and have no time to be alone.*
- d. What was the last thing Mr. Craig told the team before they left the meeting?
 - i. *If you're not able or willing to commit to any of these expectations, now is the time to change your mind.*

7. Application:

- a. Who has been making a commitment each week to do their homework?
- b. What do you have to do before you get your reward? *(3 of the 5 days / parent initials)*
- c. Have any of you found it too hard to keep your commitment? *(discuss, comment if needed)*
- d. Do any of you feel like you have gotten stronger and are learning faster?

8. Wrap Up: Who's committing to do homework this week? *(Homework papers)*

Repeat together: **I make sure I understand everything that will be required of me before I make a commitment.**

Planning: _____

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Week 7: Oct. 17-22

1. Practice declaration & verse together

2. Lead-in: *Give rewards. Specifically affirm them for keeping their commitment.*

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 7: Sticking with my commitments challenges me to learn and grow.

4. Short Review: Giselle visits Ziggy to tell him she has decided not to take up his offer of watching Bozo because she is joining the drama team. He is disappointed, but listens as she explains how she made her decision. She is very sure this is God's will for her. Giselle's dad praises her for a well thought out choice. Mr. Craig is very clear about what he expects from the team during their first meeting. He gives them the opportunity to choose not to take part if they think the commitment is too much for them.

5. Listen to Chapter 6 of story: "Why Do I Love God?"

6. Questions (Choose one or more that best fits your class.)

- a. When Giselle wants to skip practice because she's tired, what does her mom say?
 - i. *The first play is only three weeks away;*
 - ii. *She has worked very hard to get ready for it;*
 - iii. *The audience needs to hear about God's love.*
- b. Why can't Giselle tell the team why she loves God?
 - i. *She realizes she doesn't know what it means to love Him.*
- c. What would have happened if Giselle had skipped practice today?
 - i. *At practice, she was faced with a question that may not have been asked until she was on stage in front of **hundreds** of people who were waiting for an answer!*
- d. What does Anna tell Giselle after practice that makes her feel better?
 - i. *"Following Jesus is a big commitment. It's good you're thinking about it."*

7. Application:

- a. To **think** you love God and to **know** you love God are very different. If you are like Giselle and not sure what it means to love God, do what Mr. Craig suggested:
 - i. Draw near to God by praying daily - which is talking to Him.
 1. We can talk to God just like another person, even though we can't see him with our eyes right now.
 - ii. Obey the things He tells you to do which you will find by reading the Bible.
 1. Try reading the Gospel of John, which tells about Jesus.

8. Wrap Up: There are many questions in life that are hard to think about. Giselle is a good example of admitting she does not have an answer, but is committed to put the effort into finding one. Make yourself think about hard questions! By finding answers you will grow and become a better person.

Who's committing to do homework this week? (**Homework papers**)

Repeat together: **Sticking with my commitments challenges me to learn and grow.**

Planning:

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Week 8: Oct. 24-29

1. Practice declaration & verse together

2. Lead-in: *(Give rewards. Specifically affirm them for keeping their commitment.*

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 8: I experience the greatest rewards when I carry out my commitments with excellence.

4. Short review: Giselle is very tired and wants to skip practice. Her mom tells her their first performance is in three weeks for a crowd of very poor people. Giselle recalls the faces of the poor children in Nicaragua and changes her mind. During practice, she discovers she doesn't know what it means to love God. Mr. Craig explains that if she draws near to God, He will draw near to her. Giselle considers quitting, but Anna encourages her by telling her, "No! We want you on the team more than ever!"

5. Listen to Chapter 7 of story: A Powerful Performance

6. Questions (Choose one or more that best fits your class)

- a. When did each person receive the black jacket?
 - i. *When they were being selfish in some way, which is sin.*
- b. How did they get into the black box?
 - i. *They chose to go into it.*
- c. What did Ben try to do?
 - i. *He offered each one to trade their black jacket for a white one.*
- d. What happened to those who traded their jackets for the white ones?
 - i. *They were set free.*
- e. What happened to Ben?
 - i. *He put on the black jackets and then disappeared behind the curtain but reappeared in gleaming white at the back.*
- f. Why is Giselle so quiet on the way home?
 - i. *She doesn't understand why Jesus, who was so good, would give up His life for people who were so bad.*
- g. What do you think would have happened if the drama team had not committed to doing their very best during the show?

7. Application:

- a. How will you feel after class today if you don't work your hardest at all your stations?
- b. How will you feel if you focus and give 100% effort at every station?
- c. You can choose to make a commitment right now to do your very best. That means even if you feel like giving up, you'll keep trying. Does anyone want to commit to that?

8. Wrap Up: Who's committing to do homework this week? **(Homework papers)**

Repeat together: **I experience the greatest rewards when I carry out my commitments with excellence.**

Planning: _____

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Week 9: Oct. 31 - Nov. 5

1. **Practice declaration & verse together**
2. **Lead-in:** *Give rewards. Specifically affirm them for keeping their commitment.*
 - a. Did you give up anything to keep your commitment?
 - b. What are you growing when you keep your commitment? *Strong character.*
3. **Lesson 9: I don't get distracted. I stay focused on my commitments (because faithfulness is rewarded).**
4. **Short review:** Everyone on the drama team performed with excellence at their first show. The audience and even the actors themselves were in awe. Giselle was especially quiet on the bus ride home. She was thinking hard about what they had just performed. She doesn't understand why Jesus, the character Ben played, who was so good, would give up His life for people who were so bad.
5. **Listen to Chapter 8 of story: Rewards for the Faithful**
6. **Questions (Choose one or more that best fits your class)**
 - a. What did Mr. Craig warn the team about before their trip to Arizona?
 - i. *It was one of the poorest cities in the state with a high homeless rate.*
 - b. Giselle gets angry at Claire and wishes she had chosen dog-sitting. What does Mr. Craig tell the girls?
 - i. *"You knew it would not be all fun and games." And, "Get your thoughts off yourselves, and focus on what you'll say to the kids after the show."*
 - c. What were Anna and Giselle talking about while they waited at the side of the stage?
 - i. *They were noticing the hundreds of kids, their ragged clothes and sad faces and could feel their emptiness and smell the poverty.*
 - d. Was the audience paying attention at the beginning? (*no*)
 - e. Because the team stayed focused, how did the audience respond by the end?
 - i. *They were standing and cheering.*
7. **Application:**
 - a. What are some things that distract you from doing your best in class?
 - i. *Too much talking; watching others instead of working hard; playing on the equipment rather than doing what you're supposed to be doing*
 - b. Are you here because you really want to learn new skills and become a better athlete or are you just interested in having fun? Have you ever thought about that?
 - i. *If you want to improve as quickly as possible, you'll have to learn to overcome distractions and commit to focusing on your work. Today is a good day to start doing that!*
8. **Wrap Up:** Good athletes have strong minds. So do good actors, doctors, and coaches. In fact, no one can be excellent at what they do unless they commit to focusing on what's important and saying no to distractions. Who's committing to do homework this week? (**Homework papers**)

Repeat together: **I don't get distracted. I stay focused on my commitments (because faithfulness is rewarded).**

Planning: _____

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Week 10: Nov. 7-12

1. Practice declaration & verse together

2. Lead-in: Give rewards. Specifically affirm them for keeping their commitment.

- a. Did you give up anything to keep your commitment?
- b. What are you growing when you keep your commitment? *Strong character.*

3. Lesson 10: Sticking with commitments can bring great rewards but also reveal my weaknesses.

4. Short review: The next show was in Arizona for a large audience of mostly very poor kids. The 12 hour bus ride is miserable and Giselle loses her temper with Claire. She wishes she had chosen dog-sitting instead of drama. Mr. Craig reminds her why she chose the team and to focus on the performance, not her own temporary misery. Once on stage, Giselle feels and smells the poverty of the audience. Even though the crowd was very noisy and rude at first, the team focused and by the end the audience was cheering.

5. Listen to Chapter 9 of story: *The Answer*

6. Questions (Choose one or more that best fits your class.)

- a. What was Giselle so excited about?
 - i. *She discovered the answer to why she loved God during the performance.*
- b. Giselle has received a special reward from God. What was the reward He gave her?
 - i. *He let her understand the meaning of the black jacket, which was her sin, being traded for the white jacket: she had been forgiven! God let her FEEL clean on the inside and like a new person. She was full of joy!*
- c. Why is Giselle discouraged?
 - i. *She has not had one person come up to her after a show and ask her why she loves God.*
- d. Giselle is really excited about playing in the preseason soccer game. How does she respond when Mr. Craig leaves a message that they need her for the show?
 - i. *"No way!" she huffed. "I'm NOT missing this game!"*
- e. What does Giselle's response reveal about what's in her heart right now?
 - i. *Selfishness - she is only thinking about what's best for her and what she wants.*

7. Application: A commitment is a promise to do what we said. It pushes us to do what's right when we don't feel like it. Giselle has just received a great reward because stayed focused on her commitment. She now understands why she loves God. But at the end of the chapter, we are seeing something else inside of Giselle.

- a. We're almost finished with this season. Who has tried to stick with their commitment to do their homework every single week? Have you seen rewards - like getting stronger? Have you discovered weaknesses, like maybe laziness, getting distracted too easily or giving into "I just don't FEEL like doing it?"
- b. You can still finish strong. There's two more weeks of homework. Who's committing this week?

8. Wrap Up: Repeat together: **Sticking with commitments can bring great rewards but also reveal my weaknesses. (Homework)**

Planning:

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Week 11: Nov. 14-19 (Last chapter. Week 12 is review)

1. **Practice declaration & verse together**
2. **Lead-in: Give rewards. Specifically affirm them for keeping their commitment.**
 - a. Did you give up anything to keep your commitment?
 - b. What are you growing when you keep your commitment? *Strong character.*
3. **Lesson 11: When I feel like breaking my commitment, I remind myself I may miss out on the greatest rewards.**
4. **Short review:** During the performance, Giselle experiences the love of God herself when she takes off the black jacket of sin and is given a white jacket of forgiveness. She now knows why she loves God! But she gets discouraged. No one has asked her why she loves God after any performances. She gets invited to play a preseason soccer game and Mr. Craig agrees to let her skip a performance. But just as she is about to leave for the game, he calls and leaves a message that he needs her because Lucy had broken her ankle. Giselle is furious!
5. **Listen to Chapter 10 of story: *The Choice Is Black or White***
6. **Questions (Choose one or more that best fits your class.)**
 - a. Giselle tries to construct a lie so she can go play soccer. What happens when she puts on her black soccer jacket?
 - i. *It reminds her of the black jacket of sin she wears in the play.*
 - b. She knows she'll become a *real* liar, not just a *pretend* liar if she lies to Mr. Craig. Why does she decide to go with the drama team?
 - i. *She remembered why she chose to be on the team: "I want to tell kids how much God loves them."*
 - c. What happens after the last performance?
 - i. *Giselle gets to tell a young teen girl about the love of God.*
7. **Application:** This is now the third time Giselle *almost* misses out on a good thing because she was considering not following through with her commitment.
 - a. She considers skipping practice after a few weeks, but then begins a search to discover what it means to love God.
 - b. She wishes she had chosen dog-sitting because she's stuck on a bus with Claire, but then learns why she loves God.
 - c. She considers lying so she can play soccer, but then gets the chance to tell a teen about God's love.
 - d. Is there something *you* feel like quitting right now? What will you lose out on if you stop trying?
8. **Wrap Up:** I make commitments so I can grow into a better person. I can't quit when the going gets rough! Who wants to commit to this last week of homework? (**Homework**)

Repeat together: **When I feel like breaking my commitment, I remind myself I may miss out on the greatest rewards.**

Planning:

How do you practice commitment?

I choose what is best and stick with it until the end.

What does God say?

“They always do what they promise no matter how much it costs.” Psalm 15:4b GNT

Week 12: Nov. 21, 26 & Nov. 28-Dec. 3 (Nov. 22-25 = break) Mon & Sat get two review weeks.

1. *(Check homework and give rewards. Make a big deal of anyone who committed to and completed homework the whole season!)*
2. **Season Review**
Supplements for Lesson 12.
3. **Practice declaration & verse together**
4. **Lesson 12: I make commitments after counting the cost because they help me grow into a better person.**
5. Today is a review day. Let's see what you remember from the story by playing “**Who Said It?**” I'll read the sentence on each of these cards. Raise your hand if you know who said it. If you're right, you can take the card and place it on the correct pile. If not, I'll call on someone else. **(*Be sure to save enough time for #5. You don't need to use all of the quotes.)**
6. **Questions** (If possible, take videos and pictures, some having students' faces and holding visuals.)
 - a. Who was your favorite character in the story and why?
 - b. Did you make the commitment to do homework most of the weeks?
 - c. How do you think that commitment has changed you into a better person?
7. **Wrap Up:** Repeat together: **I make commitments after counting the cost because they help me grow into a better person.**

Name _____ On a scale of 1 - 5, rate how well your students did in general in reaching the objectives and explain why you chose that number. Add any other feedback that might make CT better. Give this to Rebecca before week 1 of next season. Thank you!

1 2 3 4 5
