

How do you show love to others?

I practice kindness. I am gentle, friendly, and think about others.

What does God say?

“Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.”

Ephesians 4:32 NIRV

3 Stages of Kindness

1. **Aware:** Be more aware of opportunities to speak kind words and perform kind acts to others. These are opportunities that just pop up during the day with no forethought involved.
2. **Search:** Learn to actively look for opportunities to be kind. These aren't 'pop-ups' but are conscious attempts to look around and find opportunities to be kind throughout the day.
3. **Plan:** To ultimately reach a point where kind words and acts are planned in advance. This person has developed a mindset of kindness. They are not only aware of opportunities or searching for them during the day. They are compelled to plan ways to be friendly, serve, and care for others out of a heart of compassion.
 - a. *Ex: A person knows the lady next door is lonely and feels compassion for her. They think and then plan a way to bless her. They pick flowers and make a card to take over.*

Teaching Objectives

for use in evaluations

1. Students become aware of opportunities to speak kind words and perform kind acts to others in and outside of class. (Stage 1)
2. Some students may achieve a measure of Stage 2 - actively searching for those opportunities.
3. Challenge oldest students to think of a person in or outside the gym and plan an act of kindness.

Be sure to acknowledge and affirm all attempts at kindness as you see them! Give stamps for kind acts performed that day. (younger students or older!)

Visible examples of kindness in the gym may include:

Gentle tone of voice	Kind facial expressions and gestures
Thanking others	Letting others go first
Hugging a sad classmate	Speak words of truth that cheer not flatter
Help younger students to cross the floor; with a skill; find something, etc.	Talking to a new student / inviting him or her to sit next to them

Summer 2022 CT Sr Version: Love Is Kind

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2022 Summer

LOVE

June 1 - August 30

Closed:

July 4-9: (Independence Day Break)

Aug 31: (Fall Staff Training)

June 2022						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2022						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2022						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Story: "Miracle at Redimere House"

Main Points Each Week:

- Lesson 1: Intro week. Learn verse, declaration and sign language.
Kindness is gentle, friendly, and thinks about others. *Supplement 1*
- Lesson 2: True love is kind - even when it is not deserved.
- Lesson 3: Kindness is generous, calm, and thinks before speaking or acting. *Supplements 7a, 7b*
- Lesson 4: I can choose to be kind even when I don't feel like it. *Supplement 8*
- Lesson 5: Kindness is aware of others' needs and commits to helping them.
- Lesson 6: Kindness believes people can change. *Play "The Kindness Song"*
- Lesson 7: Kindness chooses to believe the best about others. *Supplements 9a, 9b*
- Lesson 8: Kindness will cost you something
- Lesson 9: Kindness is forgiving.
- Lesson 10: Consistent acts of kindness can penetrate and free the most hardened of hearts. *Sup. 10a,b*
- Lesson 11: Kindness is gentle and forgiving but never weak.
- Lesson 12: Kindness is gentle, friendly, and thinks about others. *(Supplements for "Who Said It?")*

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Week 1: June 1- 4 (Mon & Tues miss intro.)

1. **Teach and repeat the declaration, verse, and sign language several times.**
2. **Intro:** This season we're going to learn how we can show love to others. There's actually lots of ways we can do this. What are some ways you show your parents you love them? *(answers)* Your friends? Your pets? We're going to practice one important and powerful way we can show love to others. Any guesses about what that might be? *(Love is kind)*
3. **Teach and repeat the declaration, verse, and sign language several times.**
4. **Lesson 1: Kindness is gentle, friendly, and thinks about others.**
 - a. What does it mean to be **gentle**?
 - i. *Being calm; doing things in a quiet and careful way; not rough*
 - ii. How is your mom or dad gentle? *(caring for a baby or an elderly person; speaking calmly rather than shouting when upset; treatment of pets)*
 - b. What does it mean to be **friendly**?
 - i. *Behaving in a pleasant way because you like someone or want to help them; welcoming others instead of ignoring them*
 - ii. What are some ways you can be friendly? *(sharing, listening to their ideas, asking if they need help, sitting next to a new person in class, smiling at people!)*
 - c. Love is kind, which means it **thinks about others**. *(Supplement 1)*
 - i. What do you think is happening in this picture? *(Looks like the three of them are going skateboarding but one of them can't)*
 - ii. How do you think the boy with the broken arm feels? *(sad, left out, unloved...)*
 - iii. How could you show kindness in this situation? *(ask him to come along and take videos; bring a frisbee or soccer ball and each boy takes a break from skating to play with him; decide to go to the playground instead; ask him what he would like to do...)*
5. **Wrap Up:** Practice declaration, verse, and sign language.

Repeat: **Kindness is gentle, friendly, and thinks about others.**

Planning

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Week 2: June 6-11

1. Practice declaration & verse together

2. Lead-in: Did you ever do something wrong and expected to get in lots of trouble for it but instead you were treated kindly?

- a. ***Coaches: share an example from your past or share this:*** (Pretend this is you: Your older brother has just gotten a new bike. When he isn't home, you take it out and ride it, but when you ride back into the garage, you run over a nail and pop the tire. How do you feel? What do you think your brother will do? When he sees it, he takes you to the garage and asks if you know what happened. You nervously tell him but instead of screaming at you, he actually teaches you how to fix the tire! He also tells you to ask next time you want to ride it. Now - how do you feel?)

3. Lesson 2: True love is kind - even when it is not deserved.

4. Listen to Chapter 1 of story: *A Beast in the Orphanage*

5. Questions (Choose one or more that best fits your class.)

- a. Who is an example of love and kindness?
 - i. *Mama Addie*
- b. Why did Mama Addie beg the owners to allow Mettie into the orphanage even though it was full?
 - i. *She couldn't bear to see this girl hauled away to a filthy workhouse*
- c. How does Mama Addie show kindness?
 - i. *Comforts Felicity; rescued Mettie from street cleaners; is calm and gentle with Mettie - even though she is angry; cares for all the girls at Redimere House like a mom would*
- d. Does Mettie deserve love and kindness?
 - i. *No. She is behaving very badly.*

6. Truth: The Bible tells us in Acts 14 that God *"has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy."*

7. Application:

- a. What is one good thing you have been given today that you do not deserve?
 - i. *Life; a kind word from someone; your family's love or forgiveness; a friendship; the beauty of creation around you; talents you were born with...*
- b. Before you go to bed tonight, take time to thank God, your friend or parent, or another person for the thing you don't deserve.

8. Wrap Up: True love comes from God. We can be kind because He has been kind to us.

Repeat together: **True love is kind - even when it is not deserved.**

Planning: _____

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Week 3: June 13-18

1. Practice declaration & verse together

2. Lead-in: Supplements 7a, 7b

- (7a) This boy spent two hours building this sandcastle and is really proud of it.
- (7b) This older boy steps on it when the younger one walks away for a minute.
- YOU are the parent the younger boy runs to. What is your first reaction?

3. Lesson 3: Kindness is generous, calm, and thinks before speaking or acting.

4. Short review: Mettie is a new girl at the Redimere House orphanage. She was rescued from the terrible conditions of being homeless on the street by Mama Addie, the house mum they all love. Mettie is NOT kind. She tore apart Felicity's precious doll - the only memory she had of her parents before she was sent to the orphanage. Mettie thinks only of herself and is cruel and mean to the rest of the girls.

5. Listen to Chapter 2 of story: *Mettie Plans Revenge*

6. Questions (Choose one or more that best fits your class.)

- What was the first thing Addie did when she brought Mettie into the kitchen?
 - Gave her a roll to eat*
- Did Mettie deserve a roll? (*no*)
- How did Addie *feel* at that moment and how did she respond to Mettie's cruel behavior?
 - Addie felt like scolding Mettie, but she chose to respond calmly knowing that a harsh response would only make things worse.*
- What was Addie doing while she watched Mettie devour the roll?
 - She was looking past Mettie's cruel behavior and wondering if there was any goodness in Mettie and if there was a way to bring it out.*
- How did Mettie respond to Addie's discipline?
 - She shouted "I hate you"; destroyed the study; thought of a plan to get back at Addie*

7. Application:

- The next time you feel angry and want to yell back at someone, try to stay calm and remember this from Proverbs 15:1 - "*A harsh word stirs up anger, but a gentle word will turn anger away.*"

8. Wrap Up: Even though your kindness may not stop another person from behaving wrongly, it *will* stop you from being wrong too.

Repeat together: **Kindness is generous, calm, and thinks before speaking or acting.**

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Week 4: June 20-25

1. **Practice declaration & verse together**
2. **Lead-in:** Let's think of three ways we can be kind to people this week when we really don't feel like it.
 - a. Ex. help clean up someone's mess; speak kindly to a brother/sister who just yelled at you; thank mom for dinner even though you didn't like it!
 - b. Show them handouts: *Fill these in and bring them back next week. Some of your kind acts will be sent to all the Emeth families in an email!*
3. **Lesson 4: I can choose to be kind even when I don't feel like it.**
4. **Short review:** After Mettie destroyed Felicity's doll, Mama Addie told her she would be removed from the other girls and share a room with her. Mettie responded with hate and ran to the study where she threw every book onto the floor in a rage of anger. All the other girls ran off to their rooms. Mettie saw a page from a book lying open on the floor and it gave her an idea for revenge against Addie. Then she fell asleep.
5. **Listen to Chapter 3 of story: *How Do We Love Someone We Don't Like?***
6. **Questions (Choose one or more that best fits your class.)**
 - a. What do the girls want to happen with Mettie?
 - i. *They want her to leave forever!*
 - b. Is Mettie easy to love and be kind to? *No.*
 - c. What does Mama Addie say happens when we choose to love people we don't like?
 - i. *"We invite the healing love of God into our problem so He can begin to change that person – and change us, too."*
 - d. What do you think Felicity will need to do before she is ready to be kind to Mettie?
 - i. *Forgive Mettie for tearing apart her doll.*
 - e. Why does Sandra choose to help Mama Addie clean up Mettie's mess in the library?
 - i. *Because she loves Mama Addie, **not** because she wants to be kind to Mettie.*
 - f. How does Sandra feel *after* she helps?
 - i. *She's surprised at how good she feels - peaceful and happy*
7. **Truth:** Jesus tells us in the Bible from the book of Luke: *"But I tell everyone who is listening: Love your enemies. Be kind to those who hate you."*
8. **Application:**
 - a. Name one person you think God would like you to be kind to? It may not be a mean person. Maybe it's a lonely person or new kid at your school or someone who's really different from you.
9. **Wrap Up:** You can choose kindness, even towards people you don't like. God can help you be kind. We will often find happiness in giving the gift of kindness to others!

Repeat together: **I can choose to be kind even when I don't feel like it.**

Handout: Supplement 8

Planning: _____

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Week 5: June 27-July 1 (Closed July 4-9)

1. **Practice declaration & verse together**
2. **Lead-in:** Who has their kindness charts with them?
 - a. *Have kids read off some of their acts of kindness then collect them and give them to Rebecca.*
3. **Lesson 5: Kindness is aware of others needs and commits to helping them.**
4. **Short review:** Mama Addie told the other girls that she was moving Mettie in with her. She explained Mettie's needs for a home and family. But the girls just wanted her to leave. They wanted to know how Addie could be kind to someone like Mettie. She told them that if we choose to love her, God will release His healing love to change her. When asked how they can do that, Addie said they could start by helping clean the study while Mettie slept. Sandra was the only one to help - and *only* because she loved Addie. But she was amazed how good she felt afterward.
5. **Listen to Chapter 4 of story: *The Plan Begins***
6. **Questions (Choose one or more that best fits your class.)**
 - a. Why do the girls live in Redimere House?
 - i. *They have no one to take care of them. They're from another overcrowded orphanage, brought by a parent who could no longer feed them, or have been rescued from the street by Addie.*
 - b. What do all the girls have in common?
 - i. *they all have lost being loved by someone*
 - c. What is it that keeps Mama Addie committed to love the girls?
 - i. *She believes in love's powerful ability to heal and change others.*
 - d. What does Mettie notice when the rolls are passed around?
 - i. *Mama Addie does not get one. She had given hers to Mettie that morning.*
 - e. Why do you think Mettie asks if she can help with dishes? *(just listen to answers)*
7. **Application:**
 - a. Who can you think of right now that could use some kind of help?
 - i. *Parents with chores? Friend with homework? Neighbor with yard or childcare?*
 - b. Name one thing you can do that would show you care.
 - i. *I'll ask you next week what you did!*
8. **Wrap Up:** Kindness doesn't quit when things get difficult. It just finds another way to help and asks others to help when needed.

Repeat together: **Kindness is aware of others needs and commits to helping them.**

Planning: _____

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Week 6: July 11-16 (No Fri or Sat classes)

1. Practice declaration & verse together

2. Lead-in: Listen to this song. Try to pick out all the things that it says kindness can do.

- a. *(Play "The Kindness Song")*
- b. What are some things kindness can do for others?
 - i. *Make them happy; change them inside; feel important; loved and special; can even change them into kind people too!*

3. Lesson 6: Kindness believes people can change.

4. Short review: Mama Addie deeply loves all the orphan girls she cares for. She knows that each of them suffers from sadness because they have lost someone who once loved them. She is committed to loving them and treating them like family. But Mettie is a hard one to love and Addie knows she needs others to help. Mettie doesn't want to be helped, she only wants to get Mama Addie back for separating her from the other girls and treating her like a baby. She pretends to want to do dishes, but has other selfish plans in mind.

5. Listen to Chapter 5 of story: *Just a Bunch of Big, Fat Lies*

6. Questions (Choose one or more that best fits your class.)

- a. Why do you think Mettie is being so mean to Addie and the girls?
 - i. *She is only thinking about herself.*
 - ii. *Maybe she doesn't believe that Mama Addie truly loves her.*
- b. What does Mama Addie say about God's kindness when she prays?
 - i. *God's kindness leads us to admit that we have done wrong.*
 - ii. *Admitting the wrong we have done is part of becoming God's much-loved children.*
- c. Do you think that kindness can change Mettie?
 - i. *The Bible tells us that God's kindness leads us to change.*
- d. What do you think will happen if Mettie believes she is "much-loved"?
 - i. *If Mettie believes that she is loved, by God and others, she will have what she needs most and can get rid of anger and hate.*

7. Application:

- a. Mama Addie knows that Mettie's actions are the result of the deep pain she carries inside her, so she is patient with Mettie's outbursts of anger. But she also disciplines her in a loving way.
- b. Is someone always unkind to you? They may be like Mettie - hurting inside. Pray for God's love and wisdom before you plot a way to get them back!

8. Wrap Up: God wants us to be like Him by being kind to people who *don't* deserve it. If we believe people can change, it can help us be kind to them. Jesus loves people *while they are still doing wrong*.

Repeat together: **Kindness believes people can change.**

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Week 7: July 18-23

1. Practice declaration & verse together

2. **Lead-in:** (*Supplements 9a,9b*) What is the first thing you would think if this happened to you? (*9a*) You and Wallace have been good friends for a long time. One day Pete comes running over to you and says, "Wallace is in the principal's office! Mary said he was caught stealing money out of YOUR locker!"

3. Lesson 7: Kindness chooses to believe the best about others.

4. **Short Review:** It was hard for Mettie to pretend she enjoyed washing dishes but it was necessary to carry out her devious plan. Every evening, Addie led the girl's in a devotion from God's word. Mettie hated these nightly gatherings and called them a bunch of big, fat lies. God was *not* loving and kind - otherwise there would be no homeless, starving children. But tonight, when Addie was praying, she thanked God for His kindness and the chance to become His *much-loved* children. Mettie fell asleep in tears as she couldn't put "*much-loved children*" out of her mind.

5. Listen to Chapter 6 of story: *A Thief in the House*

6. Questions (Choose one or more that best fits your class.)

- What is troubling Addie?
 - There's a shortage of vegetables even though she has ordered enough.*
- What does Sandra have to say?
 - She and the other girls have noticed smaller portions of food and they are hungry - but don't complain.*
- Why does Addie think it cannot be Mettie who is stealing food?
 - Mettie never gets up at night and the kitchen door is locked.*
- What does Addie say to Mettie that is another show of kindness toward her?
 - "You certainly know how to make our pots shine! Thank you for your excellent work."*
- What has been Mettie's secret, devious plan?
 - Stealing vegetables from the sack by the back door every time she empties the dirty dish water.*

7. Truth: The Bible tells us in 1 Corinthians 13: "*Love is never happy when others do wrong, but it is always happy with the truth.*"

8. Application:

- The next time you hear something bad about another person or find yourself thinking that a certain person must be guilty, find out the truth before you go along with the crowd's thinking.
- True love always seeks the truth!

9. **Wrap Up:** We should choose to believe the best about people until it is proven otherwise.

Repeat together: **Kindness chooses to believe the best about others.**

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Week 8: July July 25-30

1. Practice declaration & verse together

2. Lead-in: Everyday we are giving something in order to get something. We give money to get food. We trade a cookie for a candy bar. We give time and energy to our pets so we can enjoy the fun of having them. There's a cost to all of those things we get. It may not be money, but there's still a cost. We give because what we receive is important to us. Why should we give kindness? What do we receive?

3. Lesson 8: Kindness will cost you something.

4. Short review: Mettie began helping with chores. Mama Addie was grateful for her progress though she still lashed out at the girls. Food was disappearing from the kitchen. Though Mettie was considered the likely thief, she couldn't get into the kitchen at night since it was locked, and she couldn't steal during the day. What Addie didn't know is that Mettie was snatching handfuls of vegetables each time she went to the back door to empty the dish water and hiding them under the steps. Then when she was shaking out her mop or hanging out laundry, she would pull them out to eat.

5. Listen to Chapter 7 of story: *Caught in the Act*

6. Questions (Choose one or more that best fits your class)

- a. Do Addie and the girls have a good reason to be angry with Mettie?
 - i. *Yes! Mettie is stealing their food and hurting the other girls.*
- b. What is Addie's kindness costing her? What *price* is she paying?
 - i. *Mettie ignores her kindness.*
 - ii. *She has given up some of her own food for Mettie.*
 - iii. *Addie has put a lot of time, thought, and prayer into Mettie and so far it hasn't helped.*
- c. How is Mama Addie's kindness a good example to the girls?
 - i. *They're learning that kindness is not a feeling, but a choice.*
 - ii. *They see Addie's faith in God's word. It tells us that God's kindness toward us is what allows us to be a much-loved part of His family.*
- d. What does Addie want so much that she is willing to still give away her kindness to Mettie?
 - i. *She wants Mettie to be happy, feel loved by God, and be free from anger and hate.*

7. Application:

- a. How can you be kind like Mama Addie today?
 - i. *Ask God to help you see people who need kindness around you.*
 - ii. *Earnestly ask God to help someone who has been mean or cruel to you.*
 - iii. *Go talk to someone who is usually left out or does not have many friends.*

8. Wrap Up: Being kind may be fun, but it will also be painful sometimes. Kindness, like any good gift, will cost you something.

Repeat together: **Kindness will cost you something.**

Which students have shown progress in showing kindness? _____

Which students need more encouragement from you to be kind? _____

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Week 9: August 1-6

1. Practice declaration & verse together

2. Lead-in:

- a. What would your family be like if every time someone did something wrong, they were never forgiven by the others?
- b. Or what if the only way a family could be happy was if no one ever did anything to hurt another person or make them feel bad?
- c. How do you feel when you're sorry for doing wrong and the other person forgives you?

3. Lesson 9: Kindness is forgiving.

- 4. Short review:** Felicity has discovered Mettie's secret and tells Mama Addie who is devastated by the news. After believing the best about Mettie, she realizes she has been totally fooled and is heartbroken. After praying and asking God for help, she tells the other girls what has happened. They are very upset and more than ever want Mettie removed. Felicity asks Addie, "How can you keep being so kind to her when she doesn't deserve it? She has been so very awful to all of us, including you!" Mama Addie has a story to tell - her own story.

5. Listen to Chapter 8 of story: *Addie's Story*

6. Questions (Choose one or more that best fits your class)

- a. Was Addie always kind and gentle?
 - i. *No! She was very selfish and disobedient.*
- b. What did Addie's selfish, unkind treatment of her parents cost her?
 - i. *She lost both her parents and ended up in a workhouse for six years.*
- c. What changed Addie?
 - i. *Admitting how terrible she had been to her parents.*
 - ii. *Believing that God had forgiven her for the way she treated her parents.*
 - iii. *Knowing that she is loved by God*
- d. Why are the girls choosing to be kind to Mettie?
 - i. *They see how God's forgiveness has changed Addie and understand why she is so kind to them.*
 - ii. *They are ashamed of their own selfishness and want to change.*
 - iii. *They want to be like Mama Addie who is always kind to each of them.*

7. Application:

- a. Is there someone who has been unkind to you that you're angry with? Be quick to remind yourself of those times when you have received forgiveness after you have hurt someone.

- 8. Wrap Up:** Forgiveness is not an easy act of kindness, but it is a powerful way to cause others to see their own need to change.

Repeat together: **Kindness is forgiving.**

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Week 10: August 8-13

1. Practice declaration & verse together

2. Lead-in: (*Supplements 10a, 10b*)

- a. Have any of you been inside a cave? Do you know what these are? (*10a,b*)
 - i. *They're stalactites (upper ones) and stalagmites. The water that drips from the ceiling has minerals in it. When the water evaporates, those minerals get hard and either hang from the ceiling or grow upwards from the ground. It takes about 80 years for a stalagmite or stalactite to grow **one inch!***
- b. Can anyone guess what stalagmites and stalactites have in common with kindness?
 - i. *Every drop of water contains the minerals that eventually grow into these beautiful crystal-like formations-one drop at a time. Every act of kindness is like a drop of water, full of goodness. They'll start building a new and beautiful heart if we keep the drops coming. So don't give up!*

3. Lesson 10: Consistent acts of kindness can penetrate and free the most hardened of hearts.

- 4. Short review:** Addie tells the girls her story; how she was a selfish, lazy girl until both her parents died and she ended up in workhouses and orphanages. God showed her how selfish she had been, but also that she was forgiven and much-loved because Jesus died to take away her sins. Now Addie tries to live out that same kindness to others each day. She asks the girls to help her be kind to Mettie and they agree to do their best.

5. Listen to Chapter 9 of story: *Love Never Gives Up*

6. Questions (Choose one or more that best fits your class.)

- a. How does Mettie respond to the consistent acts of kindness the girls were showing her?
 - i. *She was embarrassed as she cried and wondered how anyone could love her.*
- b. What did the three little girls do when they saw how sad Mettie was?
 - i. *They ran over to hug her. Even the youngest children can learn to be kind!*
- c. What does Mama Addie tell Mettie?
 - i. *"You are wanted in this family, Mettie. Let us love you."*
- d. How did Mettie feel that night during devotions?
 - i. *She felt loved, special, and as though she belonged there.*

- 7. Truth:** God's word tells us, "*Do you forget about His lovingkindness to you? Do you forget how long He is waiting for you? You know that God is kind. He is trying to get you to be sorry for your sins and turn from them.*"

8. Application:

- a. God wants you to be part of His family more than Addie wants Mettie to be part of her family.
- b. When you admit you have done wrong and ask God to forgive you, He comes into your heart and fills you with love, joy, peace, and kindness..

9. Wrap Up: Don't give up being kind to others. A miracle could be coming!

Repeat together: **Consistent acts of kindness can penetrate and free the most hardened of hearts.**

Planning: _____

Summer 2022 CT Sr Version: Love Is Kind

How do you show love to others?

I practice kindness. I am gentle, friendly, and think about others.

What does God say?

"Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done." Ephesians 4:32

Week 11: August 15-20 (Last chapter. Week 12 is review)

1. **Practice declaration & verse together**
2. **Lead-in:** Big surprise in the last chapter! Think about what you would do if you were Mettie.
3. **Lesson 11: Kindness is gentle and forgiving but never weak.**
4. **Short review:** Mettie can't hold up to the continued unexpected kindness the girls show her. She breaks down in tears one morning at breakfast after seeing a small pile of flowers at her place with a card that says, "You are much-loved." She finally believes it when Mama Addie tells her, "You are wanted in this family." That night at devotions she is calm, feels the love of God and her new family, and never wants devotions to end.
5. **Listen to Chapter 10 of story: *God's Kindness Never Ceases***
6. **Questions (Choose one or more that best fits your class.)**
 - a. Did Mettie become perfect after she felt part of the family at Redimere House?
 - i. *No! Love and kindness must be practiced every day by all the girls towards one another.*
 - b. What caused Addie to become so worried and afraid?
 - i. *Food was being stolen again and Addie did not want Mettie to be the guilty one.*
 - c. What BIG surprise occurred at the end of this story?
 - i. *The thieves were Mettie's long lost sisters who were just trying to stay alive by stealing food.*
 - ii. *All the girls in the house showed an outpouring of kindness to Karlina and Vondila as they nursed them back to health.*
7. **Kindness is gentle and forgiving**
 - a. To forgive means "to let go." It means choosing NOT to get back at someone. Examples:
 - i. Someone steals your \$10. You forgive them and tell them they do not owe you anything.
 1. "I forgive you. I am choosing to let go and give you what you took from me."
(Remember - kindness will cost you something.)
8. **Kindness is never weak**
 - a. Forgiveness is NOT forgetting. You do not have to forget before or after you forgive.
 - i. Forgiving is "letting go."
 - b. Forgiveness is NOT pretending no wrong was done.
 - i. I forgive when I recognize you did wrong and let go.
 - c. Forgiveness does NOT always feel good.
 - i. You may feel hurt before and after you forgive someone which is normal.
 - d. Forgiveness is NOT letting someone hurt you the same way again.
 - i. You might need rules to keep you safe.

Repeat together: **Kindness is gentle and forgiving but never weak.**

Planning:

Summer 2022 CT Sr Version: Love Is Kind

How do you show love to others?

I practice kindness. I am gentle, friendly, and think about others.

What does God say?

"Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done." Ephesians 4:32

Week 12: August 22-27 & 29-30

1. Season Review

Supplements for Lesson 12.

2. Practice declaration & verse together

3. Lesson 12: Kindness is gentle, friendly, and thinks about others.

4. Today is a review day. Let's see what you remember from the story by playing "Who Said It?"

I'll read the sentence on each of these cards. Raise your hand if you know who said it.

If you're right, you can take the card and place it on the correct pile. If not, I'll call on someone else.

(*Be sure to save enough time for #5. You don't need to use all of the quotes.)

5. Questions (If possible, take videos and pictures, some having students' faces and holding visuals.)

- Who was your favorite character in the story and why?
- What are some ways you can be kind to others everyday?

6. Fun facts about the story

- Redemere House was named after the word Redeem. Redeem means to buy back; to rescue. Mettie was rescued from the streets so she wouldn't be sent to a work house where she would probably die. God rescues us from sin so we won't be separated from Him forever.
- The name Mettie comes from the word metamorphosis which means *to change*.
- Felicity means *happy*
- Sandra means *helper*
- Karlina means *found*
- Vondila means *a lost child*

7. Wrap Up: Repeat together: Kindness is gentle, friendly, and thinks about others.

Name _____ On a scale of 1 - 5, rate how well your students did in general in reaching the objectives and explain why you chose that number. Add any other feedback that might make CT better. Give this to Rebecca before week 1 of spring season. Thank you!

1 2 3 4 5
