

*How do you practice good leadership?*

I use my powerful example to show others what is right.

*What does God say?*

“Follow my example, just as I follow the example of Christ.”

1 Corinthians 1:11

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## Teaching Objectives

for use in evaluations

This season will focus primarily on applying these four characteristics of a good leader *in the gym setting*, though other applications are welcome! There is repetition of lesson points this time which correlate to these four qualities and hopefully will facilitate better retention and application. If a student can demonstrate awareness and growth in even one quality - consider that a success!

1. Say the declaration and bible verse from memory.
2. Be a good example by demonstrating one or more of these leadership qualities:
  - **A Humble Leader:** speaks encouraging words and helps others whenever possible.
  - **A Hard-working Leader:** takes lots of turns, puts in effort, and stays focused (is not distracted). Inspires others to improve!
  - **A Courageous Leader:** does what is right, especially when it is hard. They recognize bad examples and do not follow them.
  - **A Wise Leader:** 1) thinks about how choices now will change the future for themselves and others and 2) is aware\* that someone is always watching and that what they do matters to others (especially younger students).

*\*the older and/or more advanced a student is, the more awareness they must have!*

# Spring 2022 CT Sr Version: Leadership: My Powerful Example

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**2022 Spring**  
**LEADERSHIP**  
 March 7 - May 28

Closed:

\*Mar. 1st, Spring Staff Training

Sunday, May 22: Starwatch Student Show

May 30th, Memorial Day

\*May 31st, Summer Staff Training

March 2022						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022						
Su	M	Tu	W	Th	F	Sa
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## Story: “Someone Is Always Watching You”

### Main Points Each Week:

All points are preceded by: ***I am a (quality) leader.***

- Lesson 1: Intro week. Learn verse, declaration and sign language.  
*“Someone is always watching you, and they’re going to copy what you say and do. So it better be a good thing.” (Jamila’s dad)*
- Lesson 2: I choose to do the right thing even when it’s hard.
- Lesson 3: I speak encouraging words and help others whenever possible.
- Lesson 4: I choose to do what is right even if no one else follows.
- Lesson 5: I speak encouraging words and help others whenever possible.
- Lesson 6: I think about how my choices now will change the future for me and others.
- Lesson 7: I work hard to help others win and get better, not just myself.
- Lesson 8: I speak encouraging words and help others whenever possible.
- Lesson 9: **How do people become bad examples?**
- Lesson 10: I keep asking God to help me know what is right and wise.
- Lesson 11: I work hard to help others win and get better, not just myself.
- Lesson 12: Review - **(Supplements for “Who Said It?”**

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## Week 1: March 7-12

1. **Teach and repeat the declaration, verse, and sign language several times.**

2. **Intro:** This season we are studying what it means to be a good leader. Memorizing our declaration and bible verse can help you become a man or woman of true character by training your heart to think true thoughts. *We will become like the thoughts we think!*

i. *Proverbs 4:23 “Guard your heart above all else, for it is the source of life.” (HCSB)*

3. **Lesson 1: “Someone is always watching you, and they're going to copy what you say and do. So it better be a good thing.”**

a. This quote is from our story, *Someone Is Always Watching You*. It's mostly about a girl named Jamila and her mom who show us what good examples look like. It also shows us what a bad example looks like.

4. **Declaration:** I use my powerful example to show others what is right. (Supplement 1:a-d)

a. What is an example? (*A picture or demonstration of how to do something. Here is an example of a good split leap [1a].*)

b. What does powerful mean? (*Strong, big, forceful like a waterfall or bulldozer [1b]. It can also be something tiny that produces a big effect like a mosquito [1c] or seed [1d]. A powerful thing can change things around it.*)

c. What might a powerful example look like? (*We are always watching other people, and every one of them is saying or doing something that shows us what they are like. A girl on the playground who helps a little boy up after he falls shows us she is kind. Her powerful example made that boy feel cared for. A person who pushes an elderly woman out of the way shows us he is uncaring and cruel. His powerful example made that lady feel worthless. Whether you are young or old, you ARE being an example. Do you want to be like a mosquito or a seed?*)

5. Character qualities that will make you a good example and leader in the gym (and other places, too!) *\*If time permits, ask who they think is a good example of each of these, point out good examples of each, or share a personal story of someone who exemplified that quality.*

a. **A Humble Leader:** speaks encouraging words and helps others whenever possible.

b. **A Hard-working Leader:** takes lots of turns, puts in effort, and stays focused (is not distracted). Inspires others to improve!

c. **A Courageous Leader:** does what is right, especially when it is hard. They recognize bad examples and do not follow them.

d. **A Wise Leader:** 1) thinks about how choices now will change the future or themselves and others and 2) is aware\* that someone is always watching and that what they do matters to others (especially younger students).

*\*the older and/or more advanced a student is, the more awareness they must have!*

6. **Wrap Up:** Practice declaration, verse, and sign language.

**Repeat: “Someone is always watching you, and they're going to copy what you say and do. So it better be a good thing.”**

## Planning \_\_\_\_\_

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## Week 2: March 14-19

### 1. Practice declaration & verse together

2. **Lead-in:** Does anyone remember the quote from our lesson last week? *“Someone is always watching you, and they’re going to copy what you say and do. So it better be a good thing.”* Who do you think may have been watching you this week? What did you do or say this week that was a good example to others?

3. **Lesson 2:** I am a courageous leader. I choose to do the right thing even when it’s hard.

4. **Listen to Chapter 1 of story: *A Bundle of Sadness***

5. **Questions (Choose one or more that best fits your class.)**

- Who is a good example of a courageous leader in this chapter? (*Ms. Davies*)
- What makes her a courageous leader? (*She chooses to do the right thing and move out of her old neighborhood even though it was hard.*)
- What happened to Jamila after they moved? (*She became depressed, lonely, sad*)
- Does doing the right thing always make things easier or make people happy? (*No. Sometimes it may even make things worse for now. But doing right will always please God. And God promises to reward us now or in the future when we do right.*)
- What does Ms. Davies' new friend tell her will help? (*Getting a dog from Oakforest Rescue*)

6. **Truth:** God’s Word, the Bible, says: *“You know that if you do what is right, I will accept you. But if you don’t, sin is ready to attack you. That sin will want to control you, but you must control it.”* Genesis 4:7

7. **Applications:** How could you be a good example of doing the right thing today if one of these things were to happen?

- Your coach tells you to **walk** over to get a drink and everyone starts to run.
- You need to work on a skill that’s a little scary and you start thinking, *I can’t do this.*
- Your coach tells your group to do 20 pushups. Some cheat and do less. Others finish before you. You have 10 left and don’t want to be last.

8. **Wrap Up:** When you know the right thing to do and choose not to do it, you lose your place as a good example and lose the acceptance and help that God wants to give you. Ms. Davies has done the right thing even though it was hard. Follow her example!

Repeat together: ***I am a courageous leader. I choose to do the right thing even when it’s hard.***

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### Week 3: March 21-26

#### 1. Practice declaration & verse together

2. **Lead-in:** Who was a good example this week? One way to be a good example is by being careful about what we say to others. (Supplement 2) Your words are powerful! They can either be like fruit that brings life or poison that brings death.

- What are some examples of poison words? (*She's ugly. He's dumb. You'll never be good at that.*)
- What are some examples of life words? (*I'm happy you're here! Keep trying - you can do it! I forgive you. I'm sorry. Thank you! Can I help?*)

3. **Lesson 3: I am a humble leader. I speak encouraging words and help others whenever possible.**

4. **Short review:** After Jamila's dad died, she and her mom had to move from their nice neighborhood to Riverdale, a very poor neighborhood. Ms. Davies had to find work to take care of them, and her new job would not pay enough for them to stay in their home. It was very hard to leave, but Ms. Davies knew it was the right choice. Jamila changed into a depressed bundle of sadness. A friend from work, who volunteered at Oakforest Animal Rescue, suggested she get a dog because, “It will change her life!”

5. **Listen to Chapter 2 of story: Buddy**

6. **Questions (Choose one or more that best fits your class.)**

- Who is a good example of a humble leader in this chapter? (*Jamila*)
- How do you know she is a humble leader? (*She feels bad for the girl who had to give away her dog and really wants to help her. She gladly shares Buddy with those who can't have a dog because she wants to bring happiness to their lives.*)
- Do you think Jamila is popular only because of Buddy? (*No. Her kindness and desire to make others happy makes her a caring friend.*)
- Who else is popular and why? (*Terek. He is the school bully.*)

7. **Applications:** A humble leader speaks encouraging words and helps others. How could you be a good example of a humble leader today if one of these things were to happen?

- A new student has joined the class and doesn't know anybody so they sit by themselves.
- Your classmate has been working for weeks on the same bar skill and just can't seem to get it. They're so frustrated they burst into tears.
- Your classmate has been working on a back handspring for only two weeks and does it by themselves, but you've been working on yours for two months and still don't have it.

8. **Wrap Up:** Sometimes it isn't possible to help others, even if you really want to. When that happens, a humble leader will pray - just like Jamila did - and ask for God's help because they know nothing is impossible for Him.

Repeat together: ***I am a humble leader. I speak encouraging words and help others whenever possible.***

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## Week 4: March 28-April 2

### 1. Practice declaration & verse together

2. **Lead-in:** I'm going to whisper to you a type of movement to do. Don't tell anyone else what it is. I might tell you to jump up and down, or spin in circles. But keep it to yourself. When I say GO! Everyone start doing their movement until I say STOP.

- a. *Whisper the same thing to everyone, but when you say GO! you - the coach - do something different and see who follows you. If there's a second coach present, have them begin doing what the students do, but after a short time change over to what you're doing.*
- b. *Discuss one or more of these: following the crowd; standing alone; being the only one doing the right thing; how they felt, etc.*

### 3. Lesson 4: I am a courageous leader. I choose to do what is right even if no one else follows.

4. **Short review:** Jamila had to move to a poor neighborhood in Chicago with her mom after her dad died two years ago. Her mom is very worried about her. A friend from work takes her to Oakforest Animal Rescue where Jamila finds Buddy. He has changed her life and now Jamila and her mom volunteer at the rescue every week. During her last visit, while leaving the rescue, Jamila saw a girl who was crying because she had to give away her dog. They just couldn't afford to feed it anymore. Jamila felt terrible and wished she could help.

### 5. Listen to Chapter 3 of story: *Terek*

### 6. Questions (Choose one or more that best fits your class.)

- a. What did Ms. Davies pray before Jamila went to school today? (“...let our lights shine before others by doing right and being kind, which we know makes You happy.”)
- b. What does it mean to ‘let our lights shine’? (Our ‘lights’ are our good works and words. They are like flashlights that show others the right path to take. They help them avoid a dark future that results from doing wrong things.)
- c. Who is a good example of a courageous leader in this chapter? (*Dantrell and Jamila*)
- d. What makes each of them a courageous leader? (*Dantrell gathered up enough courage later that day to tell a teacher who started the fight. Jamila found and returned Terek’s lunch card even though she was afraid.*)
- e. How would you feel if you were Dantrell and saw what happened in the cafeteria? What would you have done?

7. **Truth:** The Bible tells us in Matthew 5:16 “So, let your light shine to all people. Then they will see the good things you do. And they will praise your Father in heaven.”

8. **Applications:** Courage to do the right thing may or may not win you friends, but it *will* win favor with God and the respect of many around you.

9. **Wrap Up:** Both Jamila and Dantrell were shining lights by showing courage when it was not easy.

Repeat together: ***I am a courageous leader. I choose to do what is right even if no one else follows.***

A good example worth following in my \_\_\_\_\_ class is (student): \_\_\_\_\_

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## Week 5: April 4-9

- 1. Practice declaration & verse together**
- 2. Lead-in:** Name someone you want to be like when you get older. Why do you want to follow their example?
- 3. Lesson 5: I am a humble leader. I speak encouraging words and help others whenever possible.**
- 4. Short review:** Terek, the bully at school, has just started another fight in the lunchroom. Everyone is afraid to say who started it until later when Dantrell tells a teacher. After school, Jamila sees Terek shove Dantrell to the ground. She helps him up and invites him over to play with Buddy. As they leave, Jamila sees a free lunch card on the ground. It belongs to Terek. Though she's a little scared, she runs after Terek and kindly returns the card to him. Her unusually kind behavior leaves Terek speechless.
- 5. Listen to Chapter 4 of story: “Someone Is Always Watching You”**
- 6. Questions (Choose one or more that best fits your class.)**
  - Who is a good example of a humble leader in this chapter? (*Jamila's dad. Even though he is gone, she has been following his example.*)
  - Why do you think Jamila has so many friends now? (*Partly because of Buddy, but more so because of the way she cares for others.*)
  - What reason did Jamila's dad give her when she asked him how he got so many friends? (*He said his own dad had quoted this bible verse to him often “...set a good example for everyone. Go out of your way to do what is right.”*)
  - What important truth did her dad tell her afterward that she never forgot? (*“Someone is always watching you, Jamila, and they're going to copy what you say and do. So it better be a good thing.”*)
- 7. Applications:** Jamila's dad was a powerful example of caring for others and she decided she would follow his ways. Though he has died, his good example lives on in Jamila. What encouraging words can you say or what help can you give if one of these things happens in class today?
  - Your classmate or teammate is working really hard and doing well.
  - A classmate is working hard but still can't do the skill and is discouraged.
  - Your coach worked extra hard today to help you get better at a skill you had trouble with last week.
- 8. Wrap Up:** You will never know how many people will be affected by watching your example. So make sure it's a good example!

Repeat together: ***I am a humble leader. I speak encouraging words and help others whenever possible.***

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## Week 6: April 11-14 (No Fri or Sat classes)

### 1. Practice declaration & verse together

2. **Lead-in:** A good leader is wise will think ahead about what might happen **before** they decide to do something or not. What might happen if you do the things shown in these pictures? (*Supplement 6a-c*)

3. **Lesson 6: I am a wise leader. I think about how my choices now will change the future for me and others.**

4. **Short review:** Dantrell enjoys spending time with Jamila, even though he was at first mad about her kindness to Terek. When he asks her why she has so many friends, Jamila tells him what her dad told her years ago:

*"Someone is always watching you, Jamila, and they're going to copy what you say and do. So it better be a good thing."* Her dad's example was so powerful, that even though he is no longer alive, it still lives on through Jamila.

Every day she does her best to be a light to those around her, showing them the right way to live.

5. **Listen to Chapter 5 of story: "I'll Not Forget Your Kindness."**

6. **Questions (Choose one or more that best fits your class.)**

- What wise choice did Dantrell make that shows he was thinking ahead? (*He knew the old man wouldn't be able to reach the fries and could fall.*)
- How did the teenager react to Dantrell's interference? (*He was angry and intended to scream at him.*)
- What was the next wise choice Dantrell made when he saw how mad the teenager was? (*He was quick to smile and told him it was "a pretty good throw."*)
- How did the teen respond to this unexpected, friendly comment? (*He "halted." Dantrell's smile and kind words prevented him from harming anyone.*)
- Who was affected by Dantrell's good example? (*The old man AND the teenagers.*)

7. **Truth:** Here is some wisdom from God's word to remember next time you may want to yell back at someone: *"A kind answer soothes angry feelings, but harsh words stir them up."* Proverbs 15:1

8. **Applications:** Wisdom thinks ahead about what might happen if we do or say something before we do or say it. It also remembers that others are watching.

- What might happen if you're a line leader, but instead of going the way your coach tells you, you run across the vault runway to get to the trampolines quicker?
- What might happen if you say to your friend, "I hate beam. It's too scary," while a class of younger students walks by and hears you.
- What might happen if you choose to ignore the funny conversation your friends are having and focus on taking as many turns as possible on a station?

9. **Wrap Up:** Dantrell's example was powerful! His wise choices made a big difference in the old man's life - and who knows...it could even have changed one of the teens' ways too!

Repeat together: **I am a wise leader. I think about how my choices now will change the future for me and others.**

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## Week 7: April 18-23

- 1. Practice declaration & verse together**
- 2. Lead-in:** What would happen if everyone who was part of a sports team only worked hard to improve themselves and tried to become better than everyone else? (*Discuss how a good leader knows that when they help others become better, they're also learning themselves and making the whole team better. It's only when everyone is able to perform at their best that they **all** can become winners.*)
- 3. Lesson 7: I am a hard-working leader. I work hard to help others win and get better, not just myself.**
- 4. Short Review:** Dantrell was walking to the library, thinking about what Jamila had said: "*Someone is always watching you, ... and they're going to copy what you say and do.*" A teenager from the group ahead of him tossed some leftover fries to an old homeless man on a bench. They purposely threw it out of reach so he would fall trying to reach them. Dantrell didn't know about their trick. He ran past them and picked up the fries before the man fell. The angry teen wanted to scream at Dantrell, but Dantrell wisely smiled and spoke kindly to him. The group left and the old man was grateful for his kindness.
- 5. Listen to Chapter 6 of story: *A New Trick for Buddy***
- 6. Questions (Choose one or more that best fits your class.)**
  - Who is an example of a hard-worker in this chapter? (*Jamila, Dantrell, and even Buddy!*)
  - How does Terek's behavior affect others? (*Disrupts the whole class; turned a fun game into a scary scene; makes learning unpleasant for everyone in the class.*)
  - What does Jamila need help with? (*Teaching Buddy to catch the frisbee.*)
  - Who is working hard to help her succeed? (*Dantrell. She cannot do this alone and Dantrell is working just as hard as Jamila so she can succeed.*)
- 7. Applications:** One of the most noticeable qualities of a good leader is how hard they work. They work not only for themselves, but they work hard at helping others succeed too. What are some ways you can help others in your class become better?
  - Don't distract them with silly comments so they can focus!*
  - Cheer them on when you see they're getting discouraged.*
  - Challenge them to get a certain number of turns in with good form.*
- 8. Truth:** God's word tells us this in 1 Thessalonians 5:11, "*So encourage each other and build each other up.*" This is one way we can follow Christ's example of being a good leader.
- 9. Wrap Up:** Repeat together: ***I am a hard-working leader. I work hard to help others win and get better, not just myself.***

List any outward signs you have observed in your students that indicate progress in any of the objectives.

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How will you encourage more growth?

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## Week 8: April 25-30

### 1. Practice declaration & verse together

### 2. Lead-in: Play the “Hot/Cold” game of finding the hidden object. But instead of saying “Hot” or “Cold” to direct them, say “Close” or “Far.”

- One person leaves the room. Someone hides an object. All students help the person find the object by only saying “Close” or “Far.”
- Lots of clapping and cheering when they find it!
- Emphasize the fun of helping others by encouraging them throughout the process.

### 3. Lesson 8: I am a humble leader. I speak encouraging words and help others whenever possible.

### 4. Short review: Jamila invited Dantrell to help her train Buddy catch a frisbee. She was hoping to get his mind off of the latest violent outburst Terek displayed in class today. She couldn't do it alone and Dantrell gladly agreed. The two met at the park and worked together to try to get Buddy to understand what he was to do. It took dozens of times with many distractions and blunders. But they didn't quit. Even though Buddy was not Dantrell's dog, he worked just as hard as Jamila to train him. He wanted to help Jamila succeed. Finally, after much effort, Buddy caught the frisbee!

### 5. Listen to Chapter 7 of story: *Humility Saves the Day*

### 6. Questions (Choose one or more that best fits your class)

- Who else was at the park besides Jamila, Dantrell, and Buddy? (*A dad with his daughter and dog, also trying to teach their dog to catch a frisbee.*)
- Who is a good example of humility in this chapter? (*The dad and Jamila.*)
- What makes them good examples of humility? (*The dad: Even though he is much older, he wants to learn from Jamila and isn't too proud to ask. He thanks her for the help. / Jamila: She's happy to share her method of training Buddy and gives the extra dog treats away.*)
- What does Jamila remember at the end of the chapter? (*Her dad's words: “Someone is always watching you.”*)

### 7. Applications: God tells us in the Bible that “In all things you yourself must be an example of good behavior.” Titus 2:7

- What can you say or do in class today that shows your classmates or coach you care about them?
- If there are younger students nearby, what can you say or do that you would like for them to copy?
- Who are all the people who could be watching you today, whether for a short time or a long time? (*classmates; other classes; parents; coaches; new students and their parents; visitors looking for a gym for their children*) If they watch you and speak to you after class, what would you like them to say about you?

### 8. Wrap Up: Repeat together: *I am a humble leader. I speak encouraging words and help others whenever possible.*

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## Week 9: May 2-7

### 1. Practice declaration & verse together

2. **Lead-in:** Have you wondered why Terek is such a bad example? Why do some people become good examples and others become bad ones?

### 3. Lesson 9: *Today's lesson is a discussion question. How do people become a bad example?*

4. **Short review:** Though Jamila and Dantrell didn't notice, someone was watching them. A dad and his daughter were at the park also trying to teach their dog how to catch a frisbee. But even after many tries, the dog still wasn't learning. The dad was so frustrated he yanked the leash which caused the dog to push his daughter over. After she recovered, the dad asked Jamila for help. His humility and Jamila's desire to help him resulted in his dog catching the frisbee after a dozen more throws. He was very grateful and thanked Jamila for her help.

### 5. Listen to Chapter 8 of story: *The Accident*

### 6. Questions (Choose one or more that best fits your class)

- After the car missed Jamila, what did it hit? (*A dog - Terek's dog*)
- What did Terek do when he saw Duke get hit? (*He cried; told Duke he needed him and he couldn't die; pulled him to the side*)
- What did Terek's mom do? (*Screamed at him to leave the mutt alone. Told him he was lazy, got in too much trouble, and she had no money to feed him. She dragged him back into the house.*)
- How would you feel if you just saw this happen to a bully like Terek or another mean person?

### 7. Why is Terek such a bad example? There are many reasons people become bad examples.

- Everyone is born with a sin nature and will do wrong things. *“All have done wrong and all are far from being as good as God.”* Romans 3:23
- Only God can change our nature. He helps us stop doing wrong and makes us better examples. We must ask Him to forgive us then follow the example of His Son Jesus by obeying what the Bible tells us.
- People can also become a bad example if those they spend the most time with are bad examples.
- Sometimes people are so lonely or feel like no one cares about them so they become part of a group of troublemakers where they feel accepted.
- Children who do not listen and obey their parents will become bad examples. *“My son, if you stop listening to instructions, you will keep making stupid mistakes.”* Proverbs 19:27

### 8. Which of these reasons might be why Terek has become such a bad example? (*Listen to answers, but emphasize 'a' as the primary problem and 'b' as the solution.*)

9. **Application:** If people can become bad examples by copying those around them, and you know others are always watching you, what can you do in class today to make sure you are setting a good example?

Say together: ***My example is powerful and can change people's lives for good!***

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## Week 10: May 9-14

### 1. Practice declaration & verse together

### 2. Lead-in: Have you ever been in a situation where you have absolutely no idea what to do to help someone or to solve a problem?

- a. *(If no discussion, use this example: Your friend is an amazing soccer goalie on his U12 team. His team is in the finals of a statewide tournament and the last game is tomorrow. You're riding bikes with him today when his bike hits a rock and he falls and breaks his wrist. He's out of the game and the team has no one to fill his spot. How would you feel? What would you say or do?)*

### 3. Lesson 10: I am a wise leader. I keep asking God to help me know what is right and wise.

### 4. Short review: Jamila and Dantrell take Buddy for a walk one rainy day. They see a car lose control and hit a dog. A boy comes running out of a run down, shabby-looking house trying to stop him. The boy is Terek. He cries and pleads with Duke not to die because he needs him. His mom comes out and yells at him for having the dog, tells him he's lazy and does nothing but get into trouble. She drags him back into the house. Jamila and Dantrell stand frozen and silent, staring at the door as it slams shut.

### 5. Listen to Chapter 9 of story: *Saving a Life*

### 6. Questions (Choose one or more that best fits your class.)

- a. What did Jamila and Dantrell learn about Terek after the accident? *(He's extremely poor and has a very sad home life; everyday life for him is hard and depressing.)*
- b. What did Jamila and Dantrell do when Terek left? *(Took Duke to their parents to get help.)*
- c. Why did the families pray? *(They didn't know what to do, but they believed God had an answer.)*
- d. What wise choice did Dantrell make? *(To tell his teacher what happened to Terek so she might be able to help.)*
- e. What is happening to Dantrell now that he knows more about Terek's life? *(He is more understanding. Instead of wishing he was gone, he now thinks Terek needs a good friend.)*

### 7. Truth: Here's an important verse from the Bible. "Do any of you need wisdom? Ask God for it. He is generous and enjoys giving to everyone. So he will give you wisdom." James 1:5

- a. Only God can see and know everything. It was *after* they prayed that Dantrell made the wise choice to tell Ms. Janis.

### 8. Application: When a wise leader *knows* the right thing to do, they do it. When they *don't* know, they ask for help from others and from God. In these situations would you know what to do or would you ask for help?

- a. A new student doesn't know where to put their backpack and water bottle.
- b. A 3-year-old is standing in the restroom crying.
- c. Your classmate or teammate has been crying on and off during class but doesn't want to tell you what's wrong.

### 9. Wrap Up: Repeat together: *I am a wise leader. I keep asking God to help me know what is right and wise.*

## Planning:

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# Spring 2022 CT Sr Version: Leadership: My Powerful Example

## How do you practice good leadership?

I use my powerful example to show others what is right.

## What does God say?

“Follow my example, just as I follow the example of Christ.” 1 Corinthians 1:11

## Week 11: May 16-21 (Last chapter. Week 12 is review)

### 1. Practice declaration & verse together

### 2. Lead-in: It's pretty easy to lead people that you like and help them to become better at something.

Helping a friend become good at skateboarding or helping them with their homework can be fun. But what about those you don't like? How would you feel if your teacher assigned you as Terek's homework partner for a week? Would you still work as hard to try and help him as you would if it was your friend?

### 3. Lesson 11: I am a hard-working leader. I work hard to help others get better and win, not just myself.

4. **Short review:** Jamila and Dantrell were shocked when they saw how poor Terek was and the sad home life he had. They manage to somehow transport Duke home. Their moms and a vet from Oakforest splint Duke's two broken legs. They all pray for God's help and wisdom because they don't know what else they can do. Dantrell decides to tell his teacher about the accident. She is heartbroken over the news. They all want Terek to be able to keep Duke, his only friend.

### 5. Listen to Chapter 10 of story: *Change Comes to Riverdale*

### 6. Questions (Choose one or more that best fits your class.)

- Who is being a good example of a hard-worker in this chapter? (*Everyone! The whole elementary school worked hard to get the community to help start a pet pantry. People wanted this idea to succeed because it was good for their kids.*)
- What happened when everyone showed up at Terek's house? (*At first Terek was acting mean and his mom was upset about the 'racket'. But as soon Terek saw Duke and his mom saw everything they brought, they were overwhelmed by the love and help being offered.*)
- How did the creation of the pet pantry affect Terek's life? (*It completely changed him! He felt cared for. It gave him a place to belong and feel appreciated. He began thinking about his future and how he might serve others.*)
- Jamila's dad set a good example of caring for others. How many people were affected in a positive way because of this one good example? (*Jamila, Dantrell, the homeless man, the group of teens, the dad and his daughter at the park, Riverdale Elementary School, the whole Riverdale community. And it changed the life of Terek and his family!*)

### 7. Application

- A good leader will not only help those he likes, but is willing to help those he doesn't like. If we only helped those we liked, how would the people who need the most help ever have a chance to change into better people? It takes hard work, courage, humility, and wisdom to be a good leader.
- Do you know someone like Terek? Pray for wisdom. God may give you an idea just like He did for Dantrell and Jamila that could change a life forever!

### 8. Wrap Up: Repeat together: ***I am a hard-working leader. I work hard to help others get better, not just myself.***

## Planning:

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# Spring 2022 CT Sr Version: Leadership: My Powerful Example

How do you practice good leadership?

I use my powerful example to show others what is right.

What does God say?

“Follow my example, just as I follow the example of Christ.” 1 Corinthians 1:11

## Week 12: May 23-28

### 1. Season Review

Supplements for Lesson 12.

### 2. Practice declaration & verse together

### 3. Today's main point

**Lesson 12: Someone is always watching you, and they're going to copy what you say and do. So it better be a good thing.**

### 4. Today is a review day. Let's see what you remember from the story by playing "Who Said It?"

I'll read the sentence on each of these cards. Raise your hand if you know who said it.

If you're right, you can take the card and place it on the correct pile. If not, I'll call on someone else.

**(\*\*Be sure to save enough time for #5. You don't need to use all of the quotes.)**

### 5. Questions

a. If possible, take videos and pictures, some having students' faces and holding visuals.

### 6. Questions you can ask and record:

(Choose a question that you think best fits each student's ability to answer it.)

a. What's one way you can be a leader in the gym?

b. Which character in the story showed the most courage? (or humility or wisdom, or was the hardest worker?)

c. How can you be a good example to a new student who comes into your class?

d. Which character taught you the most?

i. What's one important thing you learned from him/her?

e. Now that you know someone is always watching you, have you changed the way you act? How?

f. Using supplement 2, ask the student to give examples of things we can say that bring life to others and things we say that can be like poison to others.

### 7. Wrap Up: Repeat together: *Someone is always watching you, and they're going to copy what you say and do. So it better be a good thing.*

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Name \_\_\_\_\_ On a scale of 1 - 5, rate how well your students did in general in reaching the objectives and explain why you chose that number. Add any other feedback that might make CT better. Give this to Rebecca before week 1 of spring season. Thank you!

1 2 3 4 5

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