

How do you show real love?

**“I choose to be kind, because God has been kind to me.”**

*Ephesians 4:32 (NIRV):*

**“Be kind and tender to one another.**

**Forgive one another, just as God**

**forgave you because of what Christ has done.”**

How do you show real love?

“I c\_\_\_\_t\_b\_k\_\_\_\_, b\_\_\_\_G\_h\_\_\_\_  
b\_\_\_\_k\_\_\_\_t\_m\_.”

Ephesians 4:32 (NIRV):

“B\_k\_a\_t\_o\_a\_\_\_\_.  
F\_o\_a\_\_\_\_, j\_a\_G\_\_\_\_  
f\_y\_b\_o\_w\_C\_\_\_\_  
h\_d\_.”

# Summer 2019 CT: Real Love

## Main Points Each Week:

Week 1: June 3-8

Lesson 1: Real Love Is Kind

Week 2: June 10-15

Lesson 2: Kindness Is Gentle, Generous, & Attentive

Week 3: June 17-22

Lesson 3: I Can Choose to Be Kind

Week 4: June 24-29

Lesson 4: God Shows Us What Real Love Is

(CLOSED next week- July 1-6)

Week 5: July 8-13

Lesson 5: Kindness Believes People Can Change

Week 6: July 15-20

Lesson 6: God Is Kind, You Are Much Loved by Him

Week 7: July 22-27

Lesson 7: Kindness Will Cost You Something

Week 8: July 29 - Aug 3

Lesson 8: Kind Is Gentle (and Gentle Is Strong)

Week 9: August 5-10

Lesson 9: Someone Needs Your Kindness

Week 10: August 12-17

Lesson 10: Kindness Is Attentive & Generous

Week 11: August 19-24

Lesson 11: Kindness Can Start a Miracle

Week 12: Aug 26-28 & Sep 4-7

Lesson 12: Kindness Forgives

# Summer 2019 CT: 'Real Love' Senior Version

## Week 1: June 3-8

### Lesson 1: Real Love Is Kind

#### 1. Intro

- a. God created each of you with a mission! I want to help you build the character you need to succeed in that life mission.
- b. We have a new Character Declaration! Memorizing our declaration can help you become a man or woman of *true character* by training your heart with true thoughts to think.
  - i. *Proverbs 4:23 "Guard your heart above all else, for it is the source of life." (HCSB)*
- c. We are studying what Real Love is this season!
- d. The Bible is God's words, his message to us. We're going to memorize a message from God this season as well.

"How do you show real love?"

*"I choose to be kind,  
because God has been kind to me."*

**God's Truth:** Ephesians 4:32 (NIRV)

Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.

#### 2. Listen to Chapter 1 of "Miracle at Redimere House"

#### 3. Story Questions

- a. Who is an example of love and kindness?
  - i. *Mama Addie*
- b. How does Mama Addie show kindness?
  - i. *Comforts Felicity; rescued Mettie from street cleaners; is calm and gentle with Mettie; gives Mettie a roll; cares for all the girls at Redimere House;*
- c. Does Mettie deserve love and kindness?
  - i. *No. She is behaving very badly.*
- d. Why is Mama Addie kind to Mettie?
  - i. *She remembers truth:*
    1. *God created Mettie (she was once the crown jewel of a mom & dad who loved her);*
    2. *"A gentle answer turns away anger" (Proverbs 15:1)*
  - ii. *We don't know yet! We will learn later in the story why someone can be kind to someone who doesn't deserve it.*

#### 4. Application

- a. What is one good thing you have been given today that you do not deserve? Say thank you!
  - i. *Life; a kind word from someone; your family's love; a friendship; the beauty of creation around you...*

#### 5. Wrap Up

- a. Real love is kind, even to those who do not deserve it. Real love comes from God- we can be kind because he has been kind to us.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 2: June 10-15

<p><b>“How do you show real love?”</b> <i>“I choose to be kind, because God has been kind to me.”</i></p>	<p><b>God’s Truth:</b> Ephesians 4:32 (NIRV) Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 2: Kindness Is Gentle, Generous, & Attentive

#### 1. Review Story (Chapter 1)

- a. Mettie is a new girl at the Redimere House orphanage. She was rescued from the terrible conditions of being homeless on the street by Mama Addie, who cares for the girls there. Mettie is NOT kind– today she tore apart Felicity’s precious doll. She thinks only of herself. Mettie is a nightmare for the rest of the girls. Mama Addie wonders if she can find any good in Mettie.

#### 2. I am kind when I am gentle, generous and attentive to others.

- a. I am kind. I am gentle, tender, thoughtful, careful. A strong hand with a soft touch.
- b. I am kind. I am generous, ready to give more than expected, ready to give without getting anything back.
- c. I am kind. I long to do good to others. I love to happily say yes. I’m quick to help in good & bad times. I’m always welcoming people. I am attentive, paying close attention to what others need.
- d. I am kind. I’m quick to stop things that hurt others. I work hard to keep others healthy, happy, and safe, even if it costs me my time & energy, or is painful.

#### 3. God has been kind to us. He wants us to be kind to others.

- a. We should be kind because God has been kind to us. We’ll talk more about that in a few weeks.
- b. First, listen to this summary of what Jesus said (Luke 6 MSG & NIRV):
- c. “To you who are ready for the truth, I say this: Love your enemies. Let them bring out the best in you, not the worst. When someone gives you a hard time, respond with the energies of prayer for that person. If someone slaps you in the face, stand there and take it. If someone grabs your shirt, giftwrap your best coat and make a present of it. If someone takes unfair advantage of you, use the occasion to practice the servant life. ...  
Live generously. ... Ask yourself what you want people to do for you; then grab the initiative and do it for them! If you only love the lovable, do you expect a pat on the back? Run-of-the-mill sinners do that. If you only help those who help you, do you expect a medal? Garden-variety sinners do that. If you only give for what you hope to get out of it, do you think that’s charity? The stingiest of pawnbrokers does that.”
- d. *But love your enemies. Do good to them. Lend to them without expecting to get anything back. Then you will receive a lot in return. And you will be children of the Most High God. He is kind to people who are evil and are not thankful. Our Father is kind; you be kind.*

#### 4. Application

- a. How can you be gentle today? (kindness is gentle)
  - i. Use a caring tone of voice; Avoid rough or careless words; give a warm smile;

#### 5. Wrap Up

- a. Real love is kind. Kindness is gentle and generous. I can make God happy by being kind to people around me.

### Planning:

What is this week’s main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 3: June 17-22

<p><b>"How do you show real love?"</b> <i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV) Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 3: I Can Choose to Be Kind

#### 1. Review Story (Chapter 1)

- a. Mettie is a new girl at the Redimere House orphanage. She was rescued from the terrible conditions of being homeless on the street by Mama Addie, who cares for the girls there. Mettie is NOT kind, today she tore apart Felicity's precious doll. She thinks only of herself. Mettie is a nightmare for the rest of the girls. Mama Addie wonders if she can find any good in Mettie.

#### 2. Listen to Chapter 2 of "Miracle at Redimere House"

#### 3. Story Questions

- a. What do the rest of the girls want to happen with Mettie?
  - i. *They want her to leave forever!*
- b. Is Mettie easy to love and be kind to? *No.*
- c. What does Mama Addie say happens when we choose to love people we don't like?
  - i. *"we invite the healing love of God into our problem so He can begin to change that person – and change us, too."*
- d. What do you think Felicity will need to do before she is ready to be kind to Mettie?
  - i. *Forgive Mettie for tearing apart her doll.*
- e. Why does Sandra choose to help Mama Addie help clean up Mettie's mess in the library?
  - i. *Because she loves Mama Addie, she chooses to help be kind to Mettie.*
- f. How does Sandra feel after she helps?
  - i. *Peaceful. Happy.*

#### 4. Application:

- a. Who is one person you think God would like you to be kind to today?
  - i. *Classmate, sibling, parent, "annoying person \_\_\_\_\_"*

#### 5. Wrap Up

- a. I can choose kindness, even towards people I don't like. God can help me be kind. We will often find happiness in giving the gift of kindness to others!

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

Kindness in my students looks like: \_\_\_\_\_

# Summer 2019 CT: 'Real Love' Senior Version

Week 4: June 24-29 (CLOSED next week- July 1-6)

<p><b>"How do you show real love?"</b> <i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV) Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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## Lesson 4: God Shows Us What Real Love Is

### 1. Review Story (Chapter 2)

- a. Mama Addie tells Mettie she will have to live in Mama Addie's room because of her meanness to Felicity. Mettie storms to the library & angrily tears down all the books. The other girls all wish Mettie would be sent away, but Mama Addie explains that Mettie needs love, & that God can help. Sandra asks, "How can we love someone we don't like at all?" Mama Addie asks for help cleaning up the library (while Mettie sleeps) & Sandra reluctantly agrees, but ends up feeling quite happy afterwards.

### 2. God wants us to be *kind* and *forgiving*.

- a. What does God tell us to do in our verse?
  - i. *Be kind; be tender;*
  - ii. *Forgive one another*
- b. Why are we supposed to forgive people?
  - i. *Things God does NOT say:*
    1. *Because it is easy*
    2. *Because people deserve it*
    3. *Because what they did wasn't that bad- get over it*
  - ii. *Our reason to forgive is Jesus Christ*

### 3. "God forgave you because of what [Jesus] Christ has done."

- a. What has Jesus done? (Rom 5:6-11 NIRV & NLT)
  - i. "When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. *But God showed his great love for us by sending Christ to die for us while we were still sinners.*"
  - ii. "The blood of Christ has made us right with God. So we are even more sure that Jesus will save us from God's anger. *Once we were God's enemies. But we have been brought back to him because his Son has died for us.* Now that God has brought us back, we are even more secure. We know that we will be saved because Christ lives."
  - iii. "So now we can rejoice in our wonderful new relationship with God because our Lord Jesus Christ has made us friends of God."

### 4. God wants you to trust that he has forgiven you for all the wrong things you have done. Why? Because Jesus took the punishment for you.

- i. If you really believe that God forgave you, it will make you free. You'll be able to forgive others that wrong you. Jesus showed us the way to do this.

### 5. Wrap Up

- a. God wants us to be kind and forgiving to people around us, because he has kindly forgiven us.

## Planning:

What is this week's main point in your own words? \_\_\_\_\_

# Summer 2019 CT: 'Real Love' Senior Version

## Week 5: July 8-13

<p><b>"How do you show real love?"</b> <i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV) Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 5: Kindness Believes People Can Change

#### 1. Review Story (Chapter 2)

- a. Mama Addie tells Mettie she will have to live in Mama Addie's room because of her meanness to Felicity. Mettie storms to the library & angrily tears down all the books. The other girls all wish Mettie would be sent away, but Mama Addie explains that Mettie needs love, & that God can help. Sandra asks, "How can we love someone we don't like at all?" Mama Addie asks for help cleaning up the library (while Mettie sleeps) & Sandra reluctantly agrees, but ends up feeling quite happy afterwards.

#### 2. Listen to Chapter 3 of "Miracle at Redimere House"

#### 3. Story Questions

- a. Why do you think Mettie is being so mean to Addie and the girls?
  - i. *She is only thinking about herself.*
  - ii. *Maybe she doesn't believe that Mama Addie truly loves her.*
- b. What does Mama Addie say about God's kindness when she prays?
  - i. *God's kindness leads us to admit that we have done wrong.*
  - ii. *Admitting the wrong we have done is part of becoming God's much loved children.*
- c. Do you think that kindness can change Mettie?
  - i. *The Bible tells us that God's kindness leads us to change.*
- d. What do you think will happen if Mettie believes she is "much loved"?
  - i. *God's love is what every person needs more than anything.*
  - ii. *If Mettie believes that she is loved, by God & others, she will have what she needs most.*

#### 4. Application:

- a. Who has been mean to you today?
- b. How can you be kind to them?
  - i. *Give them a gift they will enjoy; say an encouraging word; invite them to join your friend group.*

#### 5. Wrap Up

- a. God wants us to be like him by being kind to people who don't deserve it. Believing people can change can help us choose kindness towards them. Jesus loves people *while they are still doing wrong*.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 6: July 15-20

**"How do you show real love?"**

*"I choose to be kind,  
because God has been kind to me."*

**God's Truth:** Ephesians 4:32 (NIRV)

Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.

### Lesson 6: God Is Kind, You Are Much Loved by Him

#### 1. Review Story (Chapter 3)

- a. Mettie awakes from her nap, and remembers her plan to get back at Mama Addie for 'treating her like a baby' by making her stay in her room. Mettie keeps quiet when Mama Addie invites her to dinner. Mettie is the only one to notice that Mama Addie gave away her own bread to Mettie. Mettie volunteers for dish duty, to Mama Addie's surprise. During evening devotions, Mama Addie reminds the girls that they are "much loved" by God. Mettie hates the devotions. She thinks are all lies, but she can't get "much loved" out of her head tonight.

#### 2. How do I know that God is kind & loves me?

- a. God has told us he loves us, with his powerful words. And he never lies.
  - i. *"This is how much God loved the world: He gave his Son, his one and only Son. And this is why: so that no one need be destroyed; by believing in him, anyone can have a whole and lasting life. God didn't go to all the trouble of sending his Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again."* John 3:16-18 MSG
- b. God sends good things to all people, like the sun and rain and beautiful creation - "For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike." Matthew 5:45 NLT
- c. God gives His holy spirit to live inside of those who trust and believe in Him. And his spirit fills believers with good things: "Love, joy, peace, patience, kindness, goodness, and self control." (Galatians 5)
- d. God promises hope and a forever life in heaven where there will be no more evil, to everyone who believes in and practices obedience to Jesus.

#### 3. Believing that God is good and kind takes faith

- a. We can't see God. And we can't see Jesus with our eyes right now, he is in heaven.
- b. There are a lot of bad things in our world that God has not yet judged.
- c. Faith means believing that God is good and kind, and that he is being patient with us right now.

#### 4. Application

- a. Ask God today to help you see his kindness. Then be on the lookout!

#### 5. Wrap Up

- a. God is kind and loves YOU. But it takes a choice to believe in His kindness when so much is wrong around us. God has given us his promises, beauty in nature, his Holy Spirit, and an invitation to live with him in heaven to show us his kindness.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 7: July 22-27

<p><b>"How do you show real love?"</b></p> <p><i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV)</p> <p>Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 7: Kindness Will Cost You Something

#### 1. Review Story (Chapter 3)

- a. Mettie awakes from her nap, and remembers her plan to get back at Mama Addie for 'treating her like a baby' by making her stay in her room. Mettie keeps quiet when Mama Addie invites her to dinner. Mettie is the only one to notice that Mama Addie gave away her own bread to Mettie. Mettie volunteers for dish duty, to Mama Addie's surprise. During evening devotions, Mama Addie reminds the girls that they are "much loved" by God. Mettie hates the devotions. She thinks are all lies, but she can't get "much loved" out of her head tonight.

#### 2. Listen to Chapter 4 of "Miracle at Redimere House"

#### 3. Story Questions

- a. Who is kind in our story?
  - i. *Mama Addie!*
- b. Do Addie and the girls have a good reason to be angry with Mettie?
  - i. *Yes! Mettie is stealing and hurting the other girls.*
- c. Kindness is costing Addie something. Why is it hard for Addie to be kind to Mettie?
  - i. *Mettie has ignored her kindness*
  - ii. *Addie has given up some of her own food for Mettie*
  - iii. *Addie has spent a lot of time, thoughts and prayers for Mettie- and so far it hasn't helped*
- d. How is Mama Addie's kindness a good example to the girls?
  - i. *They are amazed that Addie can be so kind.*

#### 4. Application:

- a. How can you be kind like Mama Addie today?
  - i. *Ask God to help you see people who need kindness around you.*
  - ii. *Seriously ask God to help someone who has been mean or cruel to you.*
  - iii. *Go talk to someone who is usually left out or does not have many friends.*

#### 5. Wrap Up

- a. Being kind may be fun. It may also be painful sometimes. Kindness, like any good gift, will cost you something.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 8: July 29 - Aug 3

**"How do you show real love?"**

*"I choose to be kind,  
because God has been kind to me."*

**God's Truth:** Ephesians 4:32 (NIRV)

Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.

### Lesson 8: Kind Is Gentle (and Gentle Is Strong)

#### 1. Review Story (Chapter 4)

- a. Mama Addie has noticed that food is missing. It seems most likely that Mettie is the thief, but she wants to believe differently. Then Felicity sees Mettie stealing the food & tells Mama Addie. Addie is heartbroken that Mettie has not changed yet. Many girls are upset & think Mettie should be kicked out. Then Felicity asks Mama Addie how she can be so kind to Mettie even when she doesn't deserve it?

#### 2. How To Be Gentle

- a. Slow down.
  - i. *If you are always in a hurry, you will likely say or do things that are rough or unkind by accident. Stop rushing.*
- b. Think before you speak or act!
  - i. *The first words or actions we think of using are often not wise. Waiting a few seconds before we respond can help us be more gentle.*
- c. Choose to care most about other people.
  - i. *People are more valuable than things. People are more important than winning.*
  - ii. *Thinking first about how other people feel will help you be gentle.*

#### 3. Why Use Your Gentle Muscles?

- a. It takes strength to be gentle.
- b. Gentle people are strong enough to stay in control of their feelings, words, and bodies, even if they are angry or hurt!
- c. Being gentle will help you have better friendships. Proverbs 15:1 tells us "A gentle answer turns away wrath, but a harsh word stirs up anger."

#### 4. Application

- a. Try counting to ten before you say what you are thinking today (don't use this as an excuse to not listen to your parents or coaches though!)

#### 5. Wrap Up

- a. Gentleness is a great way to show kindness. Truly strong people are gentle. Everyone needs gentleness, even the roughest person has a heart that needs love and kindness.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 9: August 5-10

<p><b>"How do you show real love?"</b></p> <p><i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV)</p> <p>Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 9: Someone Needs Your Kindness

#### 1. Review Story (Chapter 4)

- a. Mama Addie has noticed that food is missing. It seems most likely that Mettie is the thief, but she wants to believe differently. Then Felicity sees Mettie stealing the food & tells Mama Addie. Addie is heartbroken that Mettie has not changed yet. Many girls are upset & think Mettie should be kicked out. Then Felicity asks Mama Addie how she can be so kind to Mettie even when she doesn't deserve it?

#### 2. Listen to Chapter 5 of "Miracle at Redimere House"

#### 3. Story Questions

- a. Who do you want to be like more, Addie when she was selfish, or her kind parents?
  - i. *Hopefully her kind parents!*
- b. What changed Addie?
  - i. *Admitting how terrible she had been to her parents.*
  - ii. *Believing that God has forgiven her for her wrong way she treated her parents.*
  - iii. *Knowing that she is loved by God*
- c. Why are the girls choosing to be kind to Mettie?
  - i. *They have seen how God was kind to Mama Addie, and how Mama Addie is kind to them.*
  - ii. *They are ashamed of their own selfishness, and want to change.*
  - iii. *They want to be like Mama Addie, who is always kind to each of them.*
- d. What is happening to Mettie?
  - i. *She is starting to believe that she might actually be loved.*

#### 4. Application:

- a. Look for someone who needs a kind word today. Be ready to encourage them! Tell them they are "much loved" by God.

#### 5. Wrap Up

- a. Someone needs your kindness today. Are you looking for who that is? Are you ready to go out of your way to be kind, gentle, and give generously when you see someone in need?

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

## Week 10: August 12-17

<p><b>"How do you show real love?"</b></p> <p><i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV)</p> <p>Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 10: Kindness Is Attentive & Generous

#### 1. Review Story (Chapter 5)

- a. Addie tells the girls her story- how she was a selfish, lazy girl until both her parents died & she ended up in an orphanage. God showed her how selfish she had been, & that she was forgiven & much loved because Jesus died to take away her sins. Now Addie tries to live out that same kindness to others each day. She asks the girls to help her be kind to Mettie, & they do!

#### 2. Kindness is attentive & generous

#### 3. Be Attentive To Others

- a. Attentive means paying close attention, observing carefully.
- b. What can you observe about the person next to you?
  - i. *Try to notice 5 things about the person next to you.*
  - ii. *What they are wearing; how they seem to be feeling: happy, sad, worried, excited;*
- c. How can noticing things about people next to you help you be kind?
  - i. *I can say something nice about what I notice. "That's a nice shirt."*
  - ii. *I can ask them a question about what I notice.*
    1. *"You seem quiet today, are you feeling ok?"*
    2. *"You are sure smiley today, did you do something fun before gymnastics?"*

#### 4. Be Generous- Give more than what is normal or expected

- a. Generous means giving a lot.
  - i. *Nice could be sharing a bite- Generous might be giving away half or all of your favorite snack.*
- b. Generous is *happily* giving.
  - i. *Excited to give, smiling and quick to give. Not thinking about what I need or want.*
- c. Practice being generous:
  - i. *Start small. If you've never given away any money, try giving just a little.*
  - ii. *Try giving first. Give before you spend or use something for yourself.*
  - iii. *Think about what you are thankful for today. Remember everything that has been given to you.*

#### 5. Application

- a. Learn the name of someone you don't know today and say something friendly to them. Give them a smile or a friendly high five!

#### 6. Wrap Up

- a. A kind person cares about people! They want to do good to others. They are paying close attention to other's needs and ready to give a lot to help.

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

# Summer 2019 CT: 'Real Love' Senior Version

## Week 11: August 19-24

<p><b>"How do you show real love?"</b></p> <p><i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV)</p> <p>Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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### Lesson 11: Kindness Can Start a Miracle

#### 1. Review Story (Chapter 5)

- a. Addie tells the girls her story- how she was a selfish, lazy girl until both her parents died & she ended up in an orphanage. God showed her how selfish she had been, & that she was forgiven & much loved because Jesus died to take away her sins. Now Addie tries to live out that same kindness to others each day. She asks the girls to help her be kind to Mettie, & they do!

#### 2. Listen to Chapter 6 of "Miracle at Redimere House"

#### 3. Story Questions

- a. What does Mama Addie tell Mettie?
  - i. *"You are wanted in this family, Mettie. Let us love you."*
- b. What is the miracle that has happened at Redimere House?
  - i. *Kindness has changed Mettie. She is becoming part of the family. She is learning to accept love and love others.*
- c. Do you believe that kindness can change someone?
  - i.

#### 4. God wants you to be his child!

- a. He wants you to believe that he loves you. He wants to send his Holy Spirit to live inside you and fill you with love, joy, peace & kindness.

#### 5. Application:

- a. Ask someone to help you be kind today. Who will you show kindness to together?

#### 6. Wrap Up

- a. Your kindness today can change someone. Daily kindness can teach someone they are loved and valued. Each of us needs to know we are loved. God created us to love and be loved!

### Planning:

What is this week's main point in your own words? \_\_\_\_\_

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# Summer 2019 CT: 'Real Love' Senior Version

Week 12: Aug 26-28 & Sep 4-7 (Wed. gets two week 12's)

<p><b>"How do you show real love?"</b> <i>"I choose to be kind, because God has been kind to me."</i></p>	<p><b>God's Truth:</b> Ephesians 4:32 (NIRV) Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.</p>
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## Lesson 12: Kindness Forgives

### 1. Review Story (Chapter 6)

- a. Mettie can't hold up to the continued unexpected kindness the girls show to her- & she finally believes when Mama Addie tells her "You are wanted in this family." Mettie slowly becomes a new person as she accepts the love of God & the other girls- now she wants to change! Everyone is surprised when food again disappears & they end up catching two street girls, Mettie's long lost sisters! The whole house works together to love the girls back to health.

### 2. Kindness Forgives. What is forgiveness?

- a. To forgive means "to let go". Examples:
  - i. Someone steals from you. You *forgive* them & tell them they do not owe you anything.
    1. *"I forgive you. I am choosing to let go and give you what you took from me (even though that will cost me)."*
  - ii. Someone says mean words to you. You forgive them & *let go* of *staying* angry at them.
    1. *"I forgive you. I'm choosing to let go of my anger & hurt. I'm won't hold it against you. I will not pay you back with mean words."*
- b. Forgiveness is NOT:
  - i. Forgetting. You do not have to forget before or after you forgive. | *Forgiving is "letting go"*
  - ii. Pretending nothing was done wrong. | *I forgive when I recognize you did wrong & let go.*
  - iii. Not feeling hurt. | *You may feel hurt before & after you forgive someone. This is normal.*
  - iv. Letting someone hurt you the same way again. | *You might need rules to keep you safe.*

### 3. Why Forgive?

- a. God has forgiven you, because Jesus paid for the wrong you have done. So forgive others!
- b. Forgiveness makes you free. Holding onto anger, fear, and disappointment is not fun.
- c. Forgiving is trusting God to take care of you. We can forgive by believing that God will make everything right in the end. God is in charge of the world, and he is much better at giving each person what they deserve.

### 4. Application

- a. Tell someone "I forgive you" today.

### 5. Wrap Up

- a. God has forgiven you for every wrong you have done! Choose to show real love by being kind & forgiving.

## Planning:

What is this week's main point in your own words? \_\_\_\_\_