

Fall 2018 PRESCHOOL CT: *I Practice Humility*

Main Points Each Week:

Lesson 1: September 10-15

Humility Is Thinking About What Is Best For Others!

Lesson 2: September 17-22

Humility Is Good

Lesson 3: September 24-29

Pride Can Be Sneaky

Lesson 4: October 1-6

I Am Important Because God Cares For Me

Lesson 5: October 8-13

Pride Is Ugly

Lesson 6: October 15-20

Pride Is Me, Me, Me

Lesson 7: October 22-27

Pride Is Lonely

Lesson 8: October 29-November 3

Humility Has Friends

Lesson 9: November 5-10

What Will Humble You?

Lesson 10: November 12-17

I Want To Be Humble

Lesson 11: Nov. 19-20 & Nov. 27-Dec. 1

Have I Learned Humility? (Tuesday gets two week

11's)

Lesson 12: December 3-8

Humility Is Happy

Week 1: September 10-15

Lesson: *Humility Is Thinking About What Is Best For OTHERS!*

1. Intro CT

- a. We are studying *Humility* this Fall!
- b. We have a new Declaration we are going to memorize! Our declaration is a true thought we want you to think. It will help you grow up into the man or woman of true character that God wants you to be.
- c. Our declaration this season is:
“How do you practice humility?”
“I think about what is best for others all the time.”
- d. Did you know God wants to tell you special messages? He wrote them down for you in the Bible. The Bible is God’s words, his message to us. We’re going to memorize this message from God this Fall:

*“So humble yourselves under the mighty power of God,
and at the right time he will lift you up in honor.”*

1 Peter 5:6 (NLT)

2. Story Part 1

- a. Tell students we are beginning a new story this season and *listen to ‘Preschool Version Part 1’*.

3. Questions

- a. The Farmer in our story has just gotten a new Rooster! What did the Farmer name him? (*The farmer named the Rooster “Royboy”*).
- b. Even though the farmer named him ‘Royboy’, what did the Rooster make the rest of the farm animals call him? (*The rooster made the farm animals call him ‘Royal’*)

4. Application

- a. This fall, we will be practicing the quality of *humility*, which is thinking about what is best for others all the time. Does it seem like ‘Royal’ is thinking about what is best for the other farm animals, or is he only thinking about himself? (*Royal is thinking about himself. He isn’t thinking about what is best for the other animals*).
- b. How can you practice thinking about what is best for others? (*I can say “What can I help you with today?”*)

Planning:

What is this week’s main point in your own words? _____

Week 2: September 17-22

Lesson: *Humility Is Good*

1. Review CT

- a. We are studying *Humility* this Fall!
- b. Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Review Last Week's Story (Story Part 1)

- a. The farmer in the story bought a rooster to guard his chickens. The farmer named the Rooster 'Royboy'.
- b. The rooster tells all the animals that they have to call him "Royal", and he is rude to them.

3. Humility Is Good

- a. If you have humility, it means that you think about what is best for *others*. Humility is good.
- b. If you have pride, it means that you only think about what is best for *yourself*. You forget to think about others. God does not like pride.
- c. Having humility does not mean that you think badly of yourself. Having humility means knowing that God loves *all* people, including you. When you know this, you can be happy that God loves you and practice thinking of others and showing His love to them!

4. Application

- a. How can you practice thinking about what is best for others?
 - i. *I can ask my mom or dad "How can I help you today?"*
 - ii. *I can do something kind for my brother or my sister.*
 - iii. *I can let my classmate go first in line.*

Planning:

What is this week's main point in your own words? _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 3: September 24-29

Lesson: *Pride Can Be Sneaky*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Story Part 2

- Listen to Preschool Version of the story, Part 2.

3. Questions

- Royal the rooster is not kind to the chickens. He scares them, and is mean to them if they don't lay eggs that he likes. Is Royal practicing humility, or is he showing pride?
 - Royal is showing pride, because he is not thinking about what is best for the chickens. He only thinks about making himself look good.*
- Henrietta the chicken is very scared of Royal. She spends all her time worrying about what he will do to her if she doesn't lay a perfect egg. Is Henrietta practicing humility and thinking about what is best for others?
 - No - Henrietta is worrying too much about what will happen to her, so she does not have time to think about others.*

4. Application

- Who is Horse thinking about?
 - (Horse is thinking about the chickens, and how to help them calm down and be happy.)*
- Is Horse practicing humility?
 - Yes - Horse is thinking about what is best for others. He even stands in front of Henrietta when Royal tries to attack her, because he wants to do what is best for her.*

Planning:

What is this week's main point in your own words? _____

Humility in my students looks like: _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 4: October 1-6

Lesson: *I Am Important Because God Cares For Me*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Review Last Week's Story (Story Part 2)

- Royal is being proud and thinking only of himself; He scares all the chickens and is mean to them if they don't lay big eggs.
- Henrietta is so afraid of Royal that she doesn't think of anything or anyone else.
- Horse practices humility and thinks about what is best for the chickens, and protects Henrietta from getting hurt by Royal.

3. I Am Important Because God Cares For Me

- Royal wants to be the most important animal on the farm. He thinks that if he is mean to all the chickens and they are afraid of him and always do just what he says, that it will make him the most important.
- Royal is making a mistake. We need to remember that what makes us important is that God made us, God loves us, and we are important to God! It is not what others think of us that makes us important.

4. Application

- Coach: Tell each of your students by name: "_____, you are important to God."
- Have your students turn to someone else in the group and say "You are important to God."

Planning:

What is this week's main point in your own words? _____

Humility in my students this week looks like: _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 5: *October 8-13*

Lesson: *Pride Is Ugly*

1. Review CT

- a. We are studying *Humility* this Fall!
- b. Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Story Part 3

- a. Listen to Preschool Version of the story, Part 3.

3. Questions

- a. What did the farmer find when he came into the barn in the morning?
 - i. *The farmer found spoiled eggs, and chickens that were scared.*
- b. What does the farmer think has happened?
 - i. *The farmer thinks that a fox has snuck in, scared the chickens, and ruined the eggs.*
- c. Would the farmer be happy if he knew what had really happened?
 - i. *No! The farmer wants Royal to guard and protect the chickens - not to scare them and hurt their eggs!*

4. Application

- a. The farmer is a good example of God in our story, because the farmer loves ALL the animals and thinks they are each important. What does the first part of our verse say that God wants us to do?
 - i. *Our verse says that God wants us to humble ourselves.*
- b. What does it mean to be humble?
 - i. *Being humble means thinking about what is best for others - not thinking only of myself.*

Planning:

What is this week's main point in your own words? _____

I can encourage *Humility* in my students this week by: _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 6: *October 15-20*

Lesson: *Pride is Me, Me, Me*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?" <i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor." 1 Peter 5:6 (NLT)</p>

2. Review Last Week's Story (Story Part 3)

- After Royal scares the chickens and spoils their eggs, the farmer thinks that a fox must have gotten in and attacked them.
- When it was Henrietta's turn to spy on Royal and warn the other chickens when he was around, she was too scared and worried to do her job well. She did not warn the chickens in time, and some of them got hurt by Royal.

3. Pride is Me, Me, Me

- Royal thinks that when he scares the chickens and they run away from him, it makes him look most important. Who is Royal thinking the most about?
 - Royal is thinking about himself - "Me, Me, Me!"*
- Henrietta is so scared that she cannot even do her job to warn the other chickens when danger is near! Is Henrietta thinking about what is best for others?
 - No - Henrietta is so afraid that she can think only of herself. This stops her from doing what is best for the other chickens!*

4. Application

- Last week we talked about how the farmer is a good example of God, because he cares for ALL the animals and thinks they are each important.
- If Royal can learn to think of what is best for the chickens and show humility by helping them, he will make the farmer happy.
- If Henrietta can learn not to worry about what Royal thinks of her because she knows that the farmer loves her, she will be able worry less and help the others more, and this will make the farmer happy too.
- Just like the farmer with his animals, God cares for YOU, and thinks that YOU are important. God is happy when you remember this and think about what is best for others around you.

Planning:

What is this week's main point in your own words? _____

How can I set an example of humility for my students today? _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 7: *October 22-27*

Lesson: *Pride Is Lonely*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Story Part 4

- Listen to Preschool Version of the story, Part 4.

3. Questions

- The chickens are so afraid that they are not laying very many eggs at all. What is the farmer thinking he might have to do?
 - The farmer thinks that he might have to get rid of his chickens since they don't lay enough eggs.*
- What does Royal think when he first hears the farmer say that he might have to send away the chickens?
 - Royal is happy, because he thinks it will be nice not to have the chickens around.*
- What does Horse tell Royal?
 - Horse says that without the chickens, Royal has no reason to be at the farm.*

4. Application

- When Horse takes the chickens to the creek for a fun day, how does Royal start to feel?
 - Royal sees how happy the chickens are, and wishes that he could be with them.*
- Royal is realizing that because he is so selfish and only thinks about himself, he has no friends.

Planning:

What is this week's main point in your own words? _____

How can I (and my students) practice *Humility* today? _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 8: *October 29-November 3*

Lesson: *Humility Has Friends*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?" <i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor." 1 Peter 5:6 (NLT)</p>

5. Review Last Week's Story (Story Part 4)

- The farmer is worried that his chickens won't lay eggs anymore, and he will have to get rid of them. Royal thinks that it will be nice not to have the chickens around anymore.
- Horse tells Royal that if there are no chickens, then Royal has no reason to be on the farm either. Royal starts to feel lonely when he sees all the chickens having fun together with horse, and he realizes that he has no friends.
- The man from the feed store tells the farmer that Royal might be a problem, and that he might need to send Royal to the butcher. Royal faints and falls off of his 'throne'.

6. Humility Has Friends

- Horse is a good example of humility, because he is always thinking about what is best for others. Horse tries to help the chickens when they are scared. Horse tries to help Royal by explaining to him how important it is to take good care of the chickens.
- Does Horse have friends?
 - Yes, Horse has lots of friends. All of the farm animals trust him and like to be with him, because they know that he will do what is best for them.*

7. Application

- God wants you to be happy, and He knows that when you do what is best for others, you will have good friendships. This is one reason why God wants you to practice humility.
- How can you be a good friend by doing what is best for others in class today?
 - Let someone else go first in line.*
 - Sit quiet and still while your coach is talking so that others can hear the coach.*
 - Tell someone else in your class "Good job!" when they work hard on their skill.*
 - Give someone a hug at the end of class and say "I can't wait to see you next week!"*

Planning:

What is this week's main point in your own words? _____

What actions will I encourage in my students during class today to help them practice humility? _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 9: November 5-10

Lesson: *What Will Humble You?*

1. Review CT

- a. We are studying *Humility* this Fall!
- b. Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Story Part 5

- a. Listen to Preschool Version of the story, Part 5.

3. Questions

- a. Royal was injured from when he heard the man say he might need to be butchered, fainted, and fell. The farmer sent him away to the animal doctor. While Royal was gone, what happened to the chickens?
 - i. *The chickens were not afraid anymore. They started to be happy again, and lay more eggs.*
- b. The animal doctor finally brings Royal back to the farm, and the farmer is hoping that Royal can become friends with the chickens so that he doesn't have to send Royal away. How does Royal feel?
 - i. *Royal does not want to be sent away.*

4. Application

- a. Do you think that Royal has learned something important?
 - i. *Yes, Royal has learned that being proud and selfish is going to get him sent away.*
- b. How will Royal have to change if he wants to stay on the farm?
 - i. *Royal will have to make friends with the chickens so that they are not scared of him anymore.*

Planning:

What is this week's main point in your own words? _____

What can I do or say today to show my students the importance of *Humility*? _____

Fall 2018 CT: *I Practice Humility* Preschool

Week 10: November 12-17

Lesson: *I Want To Be Humble*

1. Review CT

- a. We are studying *Humility* this Fall!
- b. Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Review Last Week's Story (Story Part 5)

- a. Royal had to leave the farm and stay with an animal doctor because he fell and got injured. Once Royal was gone and the chickens became happy again, the farmer realized that Royal might need to be sent away if he cannot start getting along with the chickens.
- b. When Royal returned to the farm, he decided that he did NOT want to be sent away.

3. I Want To Be Humble

- a. When the animal doctor brought Royal back to the farm, he told the farmer that Royal was the nicest rooster he had ever met, and that he was very gentle. Is that what Royal had been like before he got injured?
 - i. *No. Royal was not gentle before. He was mean and unkind.*
- b. Why do you think that Royal changed?
 - i. *Royal realized that if he did not change, the farmer had the power to send him away, and that he would not be able to live on the farm anymore.*

4. Application

- a. Royal finally realized that when he thought of himself as the most important animal on the farm, he was hurting those around him, and he was even making things worse for himself.
- b. Royal saw that he needed to become humble and make the chickens more comfortable and happy if he wanted to stay on the farm. What do you think that Royal should do to become friends with the chickens?
 - i. *Royal should think about how the chickens feel and look for ways to show kindness.*
 - ii. *Royal should encourage the chickens instead of pecking them or hurting them.*

Planning:

What is this week's main point in your own words? _____

How will I remember to watch for good examples of my kids practicing *Humility* as I coach this week?

Fall 2018 CT: *I Practice Humility* Preschool

Week 11: Nov. 19-20 & Nov. 27-Dec.1 (Tuesday gets 'Week 11' twice!)

Lesson: *Have I Learned Humility?*

1. Review CT

- a. We are studying *Humility* this Fall!
- b. Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Story Part 6

- a. Listen to the final part of the story, Preschool Version Part 6.

3. Questions

- a. How does Royal prove to the chickens that he has changed?
 - i. *Royal is quiet and still around the chickens.*
 - ii. *Royal helps Horse find Henrietta and takes good care of her until she feels better.*
 - iii. *Royal asks to be called Royboy and does a good job protecting the chickens.*

4. Application

- a. Has Royboy learned to think about what is best for others?
 - i. *Yes. Now he does whatever he can to help the chickens and keep them happy.*
- b. What are some ways that YOU have learned to think about what is best for others?
 - i. *Coach - take this opportunity to listen to things you students have to say AND to point out times you have noticed them thinking about others.*

Planning:

Examples I have noticed in my students of thinking about what is best for others:

Week 12: *December 3-8*

Lesson: *Humility Is Happy*

1. Review CT

- We are studying *Humility* this Fall!
- Review Declaration and Theme Verse with sign language.

Declaration	Verse
<p>"How do you practice humility?"</p> <p><i>"I think about what is best for others all the time."</i></p>	<p>"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor."</p> <p>1 Peter 5:6 (NLT)</p>

2. Review what happened in the last part of the story (Story Part 6)

- Royboy changed into a humble rooster who thought about what was best for the chickens.
- Henrietta was no longer afraid of Royboy, but she still felt embarrassed about her small eggs and hid them.
- Henrietta ended up having baby chicks! She learned that even though her eggs were small, she was still important and special.

3. Humility Is Happy

- The farmer was a good example of God in our story, because he loved ALL the animals and thought of each one as important.
- Horse was a good example of humility in our story, because he always thought about what was best for others. He thought about what was best for the chickens, and comforted and protected them when they were worried about Royal being mean. He thought about what was best for Royal, and taught him why it was important to be kind to the chickens so that he could stay on the farm.
- As Royboy learned to follow Horse's example of humility and think of others, all the animals became happier.

4. Application

- Thinking of others first is not always easy, but in the end it is the best way to be happy.
- Remember that God loves you and thinks that you are important, and you will make Him happy when you show humility by thinking of others and doing what is best for them.
- How can you practice humility today?
 - I can think about what would make someone else happy, and then do or say something that will make them smile.*
 - I can tell others that God loves them.*

Planning:

What is this week's main point in your own words? _____

How has studying and teaching *Humility* to these students changed me as a leader?
