

How do you begin with the end in mind?

**“I work hard today because I have
imagined the future I want to achieve.”**

Psalm 90:12:

**“Teach us to number our days carefully
so that we may develop wisdom in our
hearts.” (CSB)**

How do you begin with the end in mind?

“I w _ h _ t _ b _ _ | h _
i _ t _ f _ | w _ t _ a _ .”

Psalm 90:12:

“T _ u _ t _ n _ o _ d _
c _ s _ t _ w _ m _ d _
w _ i _ o _ h _ .” (CSB)

Summer 2018 CT: I Begin With the End in Mind

Main Points Each Week:

Lesson 1: It's Good To Dream Good Dreams

Lesson 2: I Work Hard Because I Have Imagined

Lesson 3: I Believe In My Dream

Lesson 4: God Wants Me To Be Wise With My Time

Lesson 5: My Dream Will Not Be Easy!

Lesson 6: I Will Carefully Imagine My Future

Lesson 7: I Need And Ask God For Help

Lesson 8: I Am Wise, So I Count

Lesson 9: My Dreams Will Come With Trouble

Lesson 10: I Make Today Count

Lesson 11: My Strong Dream Can Handle Trouble

Lesson 12: I Am Keeping My Dreams Alive

Lesson 13: I Will Keep Imagining My Future

Summer 2018 CT: I Begin With the End in Mind

Week 1: June 4-9

Lesson 1: It's Good To Dream Good Dreams

1. Intro

- a. We are studying how to Begin With the End in Mind this season!
- b. We have a new Character Declaration! Memorizing our declaration can help you become a man or woman of *true character* by training your heart with true thoughts to think.
 - i. *Proverbs 4:23 "Guard your heart above all else, for it is the source of life." (HCSB)*
- c. God created each of you with a mission! I want to help you build the character you need succeed in that life mission.
- d. Our declaration question this season is:

"How do you begin with the end in mind?"

"I work hard today because I have imagined the future I want to achieve."

- e. What does God have to say about Beginning With the End in Mind? A lot! The Bible is God's words, his message to us. We're going to memorize this message from God this season:

"Teach us to number our days carefully so that we may develop wisdom in our hearts."

Psalm 90:12 (CSB)

2. Story (Part 1 ~ 4:42 mins)

- a. We have a new story to help us learn more about Beginning With the End in Mind.

3. Story Questions

- a. What is Esther, the girl in our new story, dreaming about?
 - i. *A dog. She has lifelike dreams about having her own dog and what it would be like. She wants a dog to play with more than anything else.*
- b. Why can't Esther have a dog?
 - i. *There is barely enough food to feed Esther and her parents, let alone a dog.*
 - ii. *It is hard for Esther's parents to get her to do any work at all around the farm - she could never care for a dog.*
- c. What is difficult about Esther's life?
 - i. *There is not much food available for her family.*
 - ii. *They have to work very hard on the farm just to have enough food to survive.*
 - iii. *Esther is lonely sometimes.*
- d. What did Esther get to see at Mr. Wyatt's farm?
 - i. *Puppies that belonged to Mr. Wyatt's border collie, 'Mischief'!*
- e. Do you think it is good that Esther dreams about having a dog?
 - i.

4. Lesson Wrap Up

- a. We are going to learn this Summer about how your imagination can be an important tool in the most important parts of your life. God wants us to dream good dreams of what could be.

I Teach Truth:

What I want my students to learn is: _____

Summer 2018 CT: I Begin With the End in Mind

Week 2: June 11-16

1. Review

- a. What are we studying this season?
- b. Does anyone remember our Character Declaration? Memorizing our declaration can help you become a man or woman of *true character* by training your heart true thoughts to think. *Proverbs 4:23 "Guard your heart above all else, for it is the source of life." (HCSB)*
- c. God created each of you with a mission! We want to help you build the character you need succeed in that life mission.

"How do you begin with the end in mind?"

"I work hard today because I have imagined the future I want to achieve."

- d. What does God have to say about Beginning With the End in Mind? A lot! The Bible is God's words, his message to us. We're going to memorize this message from God this season:

"Teach us to number our days carefully so that we may develop wisdom in our hearts."

Psalm 90:12 (CSB)

Lesson 2: I Work Hard Because I Have Imagined

2. What does it mean to Begin With the End in Mind?

- a. Our CT declaration has two parts:
 - i. I _____ today, and
 - ii. I have _____ the _____ I want to achieve.
- b. Which part is more important?
 - i. Both! But we want to focus first on how important it is to have a clearly imagined picture of the future you want to achieve.
- c. Try imagining clearly what a good practice today will look like. Can you paint a picture of it?
- d. Use your imagination. Try to create a video in you mind of how it will look and feel? Focus on things you can control:
 - i. *I will have fun (how, what details?)*
 1. *I will smile a lot - imagine your face*
 2. *I will say positive things to myself and others - what words will you use?*
 - ii. *I will get new skills (focus on what you can control)*
 1. *I will take lots of turns*
 2. *I will pay close attention to my coach's corrections*
 3. *I will think about my straight legs*
 4. *I will be tired by the end because I have put in my full effort*
- e. Help your students get started, and give them time to imagine.
- f. Are you seeing your clearly imagined good practice yet? Is it getting clear, just like Esther's dream of a dog?
- g. Our CT declaration tells us that having a clearly imagined future will give us motivation to work hard today.
 - i. Are you more motivated to work hard today yet?
 - ii. You will have to keep working on your imagined future- it takes work!
- h. Beginning With the End in Mind is not the same as wishful thinking. Our quality takes more work as we use our imagination to think out both the end we want to achieve, and what it will take to get ourselves there.

3. Review Story (Part 1)

Summer 2018 CT: I Begin With the End in Mind

- a. Our new story is about a 10 year old girl named Esther. She is dreaming of having a dog.
- b. Esther lives on a farm with her parents. They must work very hard just to have enough food to survive.
- c. Esther wants a dog more than anything, but her parents cannot give her one because there isn't even enough food to feed their family, and Esther is too lazy to help with work around the farm.
- d. Esther got to meet puppies at Mr. Wyatt's that belonged to his border collie, 'Mischief'!

4. Application

- a. Start working on your imagination of what a good practice looks like. The clearer you make this video in your mind, the more you will be motivated to work hard today to achieve this "End" you are imagining (beginning with)!

I Teach Truth:

What I want my students to learn is: _____

Summer 2018 CT: I Begin With the End in Mind

Week 3: June 18-23

1. Review

- a. What are we studying this season?
- b. Does anyone remember our Character Declaration?
"How do you begin with the end in mind?"

"I work hard today because I have imagined the future I want to achieve."

- e. What does God have to say about Beginning With the End in Mind?

"Teach us to number our days carefully so that we may develop wisdom in our hearts."

Psalm 90:12 (CSB)

Lesson 3: I Believe In My Dream

2. Story (Part 2 ~ 4:14 mins)

3. Story Questions

- a. What do you notice about Esther's dreaming?
 - i. *They are clear and specific! She is very focused on the details of having a puppy.*
- b. When Esther woke up this morning, what did she overhear her parents talking about?
 - i. *She hears her mom talking about how she can't handle all the work.*
 - ii. *They may lose their farm and have to move away.*
- c. How does this change what Esther thinks about her parents?
 - i. *She starts seeing that there is more going on around her than what she thinks about.*
 - ii. *She notices that her parents need help.*
- d. What gives Esther hope that her dream may actually come true?
 - i. *Her father tells her that IF she can prove to be responsible and help relieve her mother of some of her work then she might be able to have one of Mr. Wyatt's puppies.*

4. Lesson Wrap Up:

- a. What did we learn last week about Beginning With the End in Mind? What does that mean?
 - i. *If we have a clear picture of what we want to achieve, it will help us work hard to get there.*
 - ii. *We need to imagine both the end we want to get to, and what it will take to get there.*
 - iii. *Beginning With the End in Mind is like making a video in our minds of the future we want to get to. The clearer and more full of detail our mental movie is, the better it will show us how to get where we want to go.*
- b. Do you think Esther's dream is clear enough to help her do the hard work needed to get her own puppy?

I Teach Truth:

What I want my students to learn is: _____

How I want my students to apply Beginning With the End in Mind: _____

Summer 2018 CT: I Begin With the End in Mind

Week 4: June 25-30 (*Emeth is CLOSED next week July 2-7*)

1. Review “How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.” Psalm 90:12 (CSB)

Lesson 4: God Wants Me To Be Wise With My Time

2. Review Story (Part 2)

- Esther overhears that her parents are struggling with the workload of the farm, and that they may even lose the farm and have to move away.
- Esther’s dad tells her that Mr. Wyatt wants to give her a puppy, but that Esther can’t have it unless she becomes responsible and takes on some of the daily chores.

3. What does our verse from God’s Word teach us?

- “Teach us to number our days carefully...”
 - To number our days means to have a clear count of the time we have.*
 - When have you counted the time you have left?
 - The days of Summer break, before a sports competition, until your birthday.*
 - The hours left at your friend’s house before you go home.*
 - If you count how little time you have before an event, it can help you focus on what is most important, so that you use your time carefully.
 - Our verse starts as a request to God, “Teach us.” Why?
 - Because we often forget to pay attention to the fact that our whole life on earth will actually go by very quickly. This is hard to understand when we are young. We need God’s help to be humble, to know that we are small and need his help.*
 - Psalms 103:15-16 says, “The life of human beings is like grass. People grow like the flowers of the field. When the wind blows on them, they are gone. No one can tell that they had ever been there.” (NIRV)*
 - We need God to remind us that we are small, and have only a little time, strength and focus. God, is great. He created the whole universe with trillions of stars and planets. He is strong, has no time limits, and understands all things!*
- Our verse then continues, “...so that we may develop wisdom in our hearts.”
 - When we understand the short time we have here on earth it allows us to make decisions that are much wiser.*
 - We can stop “spending” our time, and think about “investing” our time instead.*
 - What does “spending” your time mean?
 - Focusing on doing what you want now, feeling good this minute or today only.*
 - What does “investing” your time mean?
 - Doing things now that will get you something better later. Working towards goals for your future.*

4. Wrap Up

- We need God’s help to remember that we only have a little time. He can help us be wise and use our time to grow towards our goals, instead of wasting it.

I Teach Truth:

What I want my students to learn is: _____

How I want my students to apply Beginning With the End in Mind: _____

Summer 2018 CT: I Begin With the End in Mind

Week 5: July 9-14 (Emeth is CLOSED July 2-7)

5. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 5: My Dream Will Not Be Easy!

2. Story (Part 3 ~ 4:07 mins)

3. Story Questions

- a. Is the work Esther starts helping with easy?
 - i. *No, it is much harder than she thought.*
- b. Esther is not excited about the hard work. What keeps her motivated?
 - i. *Her clear imagination of her future puppy. (riding in her bucket as she carries it...)*
- c. What does Mr. Wyatt tell Esther when she asks for help in learning to manage her time?
 - i. *Our Psalm 90:12 verse!*
 - ii. *That our time will be gone before we know it. Making right choices each day will leave us full and happy at the end of our time.*
 - iii. *To watch her mother carefully so she can learn how to best help.*
- d. What do you think Esther is going to have to do to get her puppy?
 - i.

4. Application:

- a. Remember you only have a little time at the gym today! What do you want to get out of your time here?
- b. Have you clearly imagined it yet? (Like Esther’s puppy?)
- c. What is one example of a clearly imagined goal for today?
 - i. *I want to see my (mom/dad/coach) smile when I tell them that I took (15) turns on my hardest skill today.*
 - ii. *I want to say something encouraging to everyone in my group today at least twice.*
 - iii. *Coach example:* _____

5. Wrap Up:

- a. You will be able to achieve great things in your life if you start by creating a clear picture of who you want to be so that you are motivated to work hard each day. Remember to focus on things you can change!

I Teach Truth:

What I want my students to learn is: _____

How can I (& my students) remember that our time is limited today? _____

Summer 2018 CT: I Begin With the End in Mind

Week 6: July 16-21

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.” Psalm 90:12 (CSB)

Lesson 6: I Will Carefully Imagine My Future

2. Review Story (Part 3)

- Esther begins helping with chores and realizes it is going to be very hard work.
- Papa tells Esther she will need to learn how to manage her time and attitude.
- Esther asks Mr. Wyatt for help, and he tells her to ask God for help, like Psalms 90 talks about.
- He tells her that time is like a glass of milk. It will be gone in a moment. He says “fill your days with right choices, so that at the end of your time, you will feel full and happy.”

3. Teaching & Application

- What is the wildest thing you want to accomplish in gymnastics this season?
 - Try to think of something that is difficult, but possible. (*coaches help your students!*)
 - Now, start creating the video in your mind of what it will be like to achieve this skill.
 - What will it feel like? (your body, your muscles, your mind)
 - What will it look like? (have you seen someone here do the skill? Put your face and body into that image you have in your mind)
 - Think about what you will have to work on to achieve this skill. Add this work to your video.
 - What strength training will you have to do?
 - What drills might you have to do?
 - How many times do you think you may have to try and fall or fail?
 - Imagine how you will choose a good attitude when you are struggling or failing:
 - What will you feel like?
 - What will your face look like when you are trying for the 30th time? How will you control your feelings?
- What is the difference between these two statements?
 - “I wish I could do a _____ (coach name skill that is appropriate for your group, a hard skill)
 - This statement is framed in the context of wishful thinking, it is said with the assumption that it will never happen.*
 - “One day I am going to do _____ (Same skill)
 - This statement carries more weight because it is said with expectation of eventually achieving it.*
- When you carefully imagine a dream for you future, and continually work to grow your understanding of the work it will take to get there, then dreams turn from ideas to realities.
- Dream big dreams, and do hard work.
- It’s easier to work hard when your eyes are on a carefully imagined future achievement.

I Teach Truth:

What I want my students to learn is: _____

How can I (& my students) practice careful imagination today? _____

Summer 2018 CT: I Begin With the End in Mind

Week 7: July 23-28

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 7: I Need And Ask God For Help

2. Story (Part 4 ~ 4:08 mins)

3. Story Questions

- a. What does Esther ask God for each day?
 - i. *To help her wisely use her time to make right choices.*
- b. Is Esther’s dream making the work easy for her?
 - i. *No, it is hard! But she is holding onto her clearly imagined dream.*
- c. Has Esther noticed a change in how she sees time each day?
 - i. *Yes, the work is so hard that she wonders if the sun forgot to set! But she also notices the day going by quickly!*
 - ii. This is an example of how we should see time if we living out our declaration
- d. Is Esther getting closer to her dream?
 - i. *She does not have a puppy yet. But she is learning how to be a hard worker and help her mother. Her Pappa is pleased to see her progress.*
- e. Why hasn’t Esther given up on her dream?
 - i.

4. Application:

- a. Did you work hard last week to achieve your goal? Do you have a very clear picture or video of what you are trying to achieve in mind?
- b. Did your imagination motivate you when practice was hard? Did you imagine carefully?

5. Wrap Up:

- a. Having a clear goal will not make things “easy.” They may seem even harder, because you are working towards a meaningful goal. But if you keep growing your imagined future, it will motivate you to keep up the hard work!

I Teach Truth:

What I want my students to learn is: _____

How can I (and my students) use our imaginations today to motivate hard work? _____

Summer 2018 CT: I Begin With the End in Mind

Week 8: July 30-August 4

1. Review “How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.” Psalm 90:12 (CSB)

Lesson 8: I Am Wise, So I Count

2. Review Story (Part 4)

- Esther does more hard work than she ever has before the next few weeks.
- She asks God for help in using her time each day, and learns which jobs are hardest for her mom, so she can be the most helpful.
- Then one day her mom asks her to handle all the chores so they can go into town. Esther is angry, but then her mom tells her they have to go help Mr. Johnson who has lost his farm.
- She chooses to be cheerful, and starts thinking about her future puppy again.

3. Teaching points

- Do you remember your goal from week 6?
- Do you have a clear mental video of yourself performing the skill?
- Think carefully again:
 - “What will I feel like when I am performing the skill?”
 - “What I look like when my body is _____?”
- Can you describe it in detail to me?
 - Try to make it personal, using first person language: “I will feel...”, “My body will...”

4. Application

- Let’s practice numbering our days. (*coach be prepared with these answers!*)
- How many days do you have left in this Summer season (at Emeth)? _____
- How many minutes will you have on the event where you can practice your goal? _____
- How many turns do you think you can take on you stations? _____
- What do you think you can do at home to help your achieve your goal? _____

5. Wrap Up

- You must be wise with all the time you have if you want to achieve the goals you have for your future!
- God cares about the dreams you have, and what you want to accomplish! Our verse says that He can give us wisdom to help. Let’s pray and ask God to help us with those things!

i. Pray: “Dear God,

*Please help __ (student name) to be wise with their time so they can achieve their goal:
_____ (skill).*

*Please help __ (student name) to be wise with their time so they can achieve...
(Continue through your list for each student!)*

Thank you that you are good and want to help us. Amen.”

I Teach Truth:

What I want my students to learn is: _____

I am imagining my CT time with my students this week, clearly: _____

Summer 2018 CT: I Begin With the End in Mind

Week 9: August 6-11

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 9: My Dreams Will Come With Trouble

2. Story (Part 5 ~ 3:52 mins)

3. Story Questions

- a. How is Esther changing? Why is she changing?
 - i. *She is working very hard, and becoming a big help to her mother.*
 - ii. *She is focused on getting a puppy of her own. She is not a ‘dreamer’ now, she is using her dream to help her work hard each day.*
- b. What does Esther find when she visits Mr. Wyatt?
 - i. *He has broken his foot and had to sell two puppies!*
- c. What does Esther do to help Mr. Wyatt?
 - i. *Gather eggs, get him water...*
- d. What is Esther worried about? What does she do?
 - i. *That Mr. Wyatt will need to sell all his puppies.*
 - ii. *She asks God for wisdom.*

4. Application:

- a. Have you changed since you have begun imagining your future goals?
- b. Do you work harder in practice?
- c. Do you think about the “end” you have imagined often during practice?
- d. Have you asked God for help this past week?

I Teach Truth:

What I want my students to learn is: _____

I am imagining my CT time with my students this week, clearly: _____

Summer 2018 CT: I Begin With the End in Mind

Week 10: August 13-18

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 10: I Make Today Count

2. Review Story (Part 5)

- Esther’s mother has noticed her hard work around the farm!
- Papa sends Esther to check on the pups at Mr. Wyatt’s, but when she arrives, she finds that Mr. Wyatt has broken a foot, and that he has sold two puppies to cover his doctor bill.
- Esther quickly gets to work helping Mr. Wyatt with the chores that he can’t do. She is worried that he will have to sell all the puppies, and asks God for wisdom on her way home. The she has an idea!

3. Teaching: Counting!

- Remember our verse teaches us that we should learn to count how little time we have so that we can learn to use it to make right choices.
- What can you count today that will help you use your time wisely?
 - The minutes on your station*
 - You can expect to have about ___ minutes on each station today...*
 - The turns you take where you try your hardest*
 - The positive things you say*
 - The breaks or rests you take (negative)*
 - Coach idea:* _____
 - Coach idea:* _____

I Teach Truth:

What I want my students to learn is: _____

How can I (and my students) remind each other to focus on the end today? _____

Summer 2018 CT: I Begin With the End in Mind

Week 11: August 20-25

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 11: My Strong Dream Can Handle Trouble

2. Story (Part 6 ~ 4:43 mins)

3. Story Questions

- a. What is Esther’s plan?
 - i. *To help Mr. Wyatt while he is recovering, in addition to keeping up with her own chores at home!*
- b. How has Esther’s hard work changed things for her mom?
 - i. *Her mom has come to depend on Esther’s help, and is feeling much stronger and better.*
- c. Why does time go so quickly for Esther?
 - i. *She is focused on getting all the work done that she needs to with her plan to help Mr. Wyatt and the puppies.*
- d. How does the story end?
 - i. *Esther finally gets the puppy she has been dreaming of, plus six chickens!*
- e. What has Esther been a good example of for us?
 - i. *Having a clear imagined future of her own dog.*
 - ii. *Working hard because of the dream she has.*
 - iii. *Reaching her goal after a lot of hard work!*
 - iv. *Beginning With the End in Mind!*

4. Wrap Up

- a. Esther could have given up when she saw that Mr. Wyatt started selling his puppies. She could have decided it wasn’t worth the work, because things weren’t going as she expected.
- b. Instead, her dream of the future was strong enough to help her change and work even harder to work out what she had imagined.
- c. *Strong Dreams Can Handle Trouble.* How strong is your dream?

I Teach Truth:

What I want my students to learn is: _____

Am I reaching the end I’ve had in mind for my students this season? _____

Summer 2018 CT: I Begin With the End in Mind

Week 12: August 27-September 1

1. Review "How do you begin with the end in mind?"

"I work hard today because I have imagined the future I want to achieve."

"Teach us to number our days carefully so that we may develop wisdom in our hearts."

Psalm 90:12 (CSB)

Lesson 12: I Am Keeping My Dreams Alive

2. Review Story (Part 6)

- a. Esther explains her plan to Papa of how she would like to help Mr. Wyatt with his chores each day, in addition to her work at home!
- b. She tells him she knows exactly how much time she will need to do her work.
- c. Mom and Papa agree, and Esther spends a very busy few weeks working.
- d. Finally Mr. Wyatt is able to get back to his own chores, and Papa tells Mom of the bargain.
- e. After a scare of finding no one at Mr. Wyatt's house, Esther receives not only Big Boss, but also six chickens from Mr. Wyatt!

3. Teaching: Keeping Our Dreams Alive

- a. Certain things happen that Esther never expected! Mr. Wyatt gets injured, and he has to sell almost all his puppies to pay for doctor bills;
- b. Esther could have been very discouraged and upset. She could have burst into tears and run away. She had done all the work Papa asked her to, but now Mr. Wyatt was hurt and might have to sell the puppy that she so wanted to have for herself!
- c. Esther did not give up. She thought of a way to change what she was doing to keep working towards her dream! She helped Mr. Wyatt so that he could keep his farm and Big Boss!

4. Application

- a. What things that you don't expect might happen to ruin the dreams you have?
 - i. *You work hard at a skill, but your friend still learns the skill faster than you do; You finally get strong enough to go higher on the rope, but then you find out that you are very scared of being that high and don't know how to climb higher; You get sick one day and have to skip your gymnastics class!*
 - ii. *Coach example:* _____
- b. What will you do, like Esther, to make sure that you don't give up on your dream?
 - i. *Stay determined and don't get discouraged, even if other people are learning faster; Pray and ask God to make you brave and keep trying to get higher on that rope; Practice extra homework at home during the week you are injured so that you can be more ready than ever to work hard at your class NEXT week!*
 - ii. *Coach example:* _____

I Teach Truth:

How has studying and teaching 'Beginning with the end in mind' to these students changed me as a leader?

Summer 2018 CT: I Begin With the End in Mind

Week 13: September 5-8 (NO week 13 for Mon/Tue classes)

1. Review

“How do you begin with the end in mind?”

“I work hard today because I have imagined the future I want to achieve.”

“Teach us to number our days carefully so that we may develop wisdom in our hearts.”

Psalm 90:12 (CSB)

Lesson 13: I Will Keep Imagining My Future

2. Story Review

- a. Think about Esther’s story at the beginning. Did it seem like there was any chance of her getting a dog?
 - i. *It seemed like there was no chance of her getting a dog! Her family was too poor, and Esther did not know how to do the work it would take to have a dog.*
- b. Our theme this summer has been “Beginning with the end in mind.” This means to imagine the future that you want to achieve. How did Esther do this?
 - i. *Esther spent lots of time imagining what she wanted: A dog of her own!*
- c. How does Esther’s dream of having a dog change her?
 - i. *She learns how to do hard work around the farm.*
 - ii. *She becomes someone who can make plans and achieve big goals!*
 - iii. *She becomes someone who looks for what others need help with and helps them.*

3. Lesson: What Did You Learn?

- a. Is there something that YOU could not do in the beginning of the summer, but that you imagined yourself doing and then finally achieved?
 - i. *Help students think of something that they could not do in the beginning of the summer and achieved through imagining it and believing and working towards it!*
- b. What kind of work did you have to put in to finally achieve your dream?
 - i. *Help students think about the work they did, or ways they changed in order to achieve their goals.*

4. Application: What Will You Imagine Next?

- a. What is something that you would like to achieve in the future?
 - i. *Let students take turns talking about what they would like to achieve.*
- b. Close your eyes and imagine yourself doing this skill. Do you believe that you can achieve it?
- c. What kind of work will you have to do to achieve your next dream?

I Teach Truth:

How can I inspire my students to continue ‘Beginning with the end in mind’ as we finish this curriculum?
