

## Spring 2017 CT: I Am Committed - Preschool

<p>Wk1: Mar 20-25</p>	<p style="text-align: center;"><b>Story Week: Pt 1</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 1 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>• How many shooters were chosen each year to enter the Hunting Challenge and what would they have to do if they were one of the final contestants? <i>[10 shooters; hunt three fierce animals]</i></li> <li>• Why did Grandfather think Zea should enter the Challenge instead of him? <i>[She had hit the target on every single shot even when she was far away.]</i></li> <li>• What does it mean to commit to something? <i>[To commit to something means that you will stick to it until the end, even if it is very hard.]</i></li> <li>• What do you suppose Zea was thinking about while she was on her walk? <i>[If she really wanted to work that hard; if she were good enough; if she would fail to keep that big of a commitment; if she would disappoint her grandfather...]</i></li> </ul> </li> <li>3. Teach the following character declaration and the verse with sign language to your students: <p style="text-align: center;">Ask: <b>“What is commitment?”</b></p> <p>Character Declaration: <i>“I choose what is best, and stick with it until the end.”</i></p> <p style="text-align: center;"><b>“And may your hearts be fully committed to the LORD our God, to live by his decrees and obey his commands.” 1 Kings 8:61 (NIV)</b></p> </li> </ol>
<p>Wk2: Mar 27 - Apr 1</p>	<p style="text-align: center;"><b>I Choose What is Best, and Stick With It Until The End</b> <i>Studying the Definition</i></p> <ol style="list-style-type: none"> <li>1. “What is commitment?” (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. What happened in last week’s story? <ol style="list-style-type: none"> <li>a. <i>We learned about Zea, a girl who lives with her grandparents and is learning to shoot a bow and arrow. Her Grandpa wants her to enter a big ‘Hunting Challenge’.</i></li> </ol> </li> <li>3. What big decision does Zea need to make? <ol style="list-style-type: none"> <li>a. <i>She needs to decide whether she is going to enter the Hunting Challenge.</i></li> </ol> </li> </ol> <p><i>Saying you will do something is making a commitment. When you make a commitment, you promise to do something. Commitments are something you stick with. If you tell your little brother or sister that you will play with them, it is a commitment - a promise. It is important for you to stick with that promise and play with them just like you said you would.</i></p>

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<p>Wk3: Apr 3-8</p>	<p style="text-align: center;"><b>Story Week Pt 2</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 2 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>● When Zea thought about the big commitment, how did she feel? <i>[She was scared and worried.]</i></li> <li>● What good advice did Zea's grandma share that helped her stop being afraid? <i>[Think about what you CAN do, not about what you CAN'T do.]</i></li> <li>● Was Grandpa being mean when he made Zea keep shooting even when her fingers were bleeding? <i>[No. He knew the Hunting Challenge would be much harder than hitting a rotten apple. Her fingers were soft and her arms were weak and needed to be stronger.]</i></li> </ul> </li> <li>3. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> </ol>
<p>Wk4: Apr 10-15</p>	<p style="text-align: center;"><b>I Make Serious Commitments That Take Serious Sacrifice</b></p> <ol style="list-style-type: none"> <li>1. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. What happened in last week's story? <ol style="list-style-type: none"> <li>a. <i>Zea decided to enter the Hunting Challenge.</i></li> </ol> </li> <li>3. What did Zea's Grandpa make her promise? <ol style="list-style-type: none"> <li>a. <i>That she wouldn't quit, no matter how hard it was.</i></li> </ol> </li> <li>4. Why was it hard for Zea to keep practicing with her bow and arrow? <ol style="list-style-type: none"> <li>a. <i>She tried many times and kept missing the apples.</i></li> <li>b. <i>She became tired and sore.</i></li> </ol> </li> </ol> <p><i>Commitment means that when you make a promise to do something, you stick with it no matter what. Even if it is hard, or you get really tired. Zea was a good example of commitment because she didn't quit practicing even though it was very hard for her!</i></p>

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<p>Wk5: Apr 17-22</p>	<p style="text-align: center;"><b>Story Week Pt 3</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 3 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>• Why did Zea feel strong and sure of herself? <i>[She knew she had put in many days of practice.]</i></li> <li>• Zea missed seeing her friends and wanted to play with them. What did Grandma tell her? <i>[If you want to become excellent at something, you have to give up other things to reach that goal.]</i></li> <li>• Zea's grandfather had made her keep practicing even when she was in pain and wanted to quit. How would the end of today's story change if he had let her quit? <i>[She would not have been as skilled and would have missed the plum, knocking her out of the Hunting Challenge.]</i></li> </ul> </li> <li>3. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> </ol>
<p>Wk6: Apr 24-29</p>	<p style="text-align: center;"><b>I Say No to Many Things so I Can Say Yes to the Best Things</b></p> <ol style="list-style-type: none"> <li>1. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. What happened in last week's story? <ol style="list-style-type: none"> <li>a. <i>Zea made it into the Hunting Challenge by showing that she could hit the special targets.</i></li> </ol> </li> <li>3. What is something that Zea had to give up in order to spend enough time practicing with her bow and arrow? <ol style="list-style-type: none"> <li>a. <i>Zea was not able to spend very much time with her friends.</i></li> </ol> </li> </ol> <p><i>Sometimes when we make a commitment or a promise to do something, we have to miss out on something else really fun in order to keep our promise. If you promised your mom that you would pick up your toys when you were finished playing with them, you should do what you said and pick them up. Don't get distracted by other things that you would rather do! Say "No! I am not going to do anything else until I keep my promise to mom."</i></p>

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<p>Wk7: May 1-6</p>	<p style="text-align: center;"><b>Story Week Pt 4</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 4 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>● Once again, Zea was thinking about giving up. What kept her holding tight to her bow even when she ached all over? <i>[She was sure that if she relaxed even for a second she would lose her chance to kill the badger.]</i></li> <li>● Why did Zea save the tail of the badger? <i>[She needed to show the gamekeeper so he would believe she had hunted it.]</i></li> <li>● Sometimes, if we make ourselves do difficult things, we not only help ourselves, but others might be helped too. Who was helped by Zea's choice to stay alert until she got the badger? <i>[The boy and his family who needed food.]</i></li> </ul> </li> <li>3. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> </ol>
<p>Wk8: May 8-13</p>	<p style="text-align: center;"><b>My Heart is Committed to God</b></p> <ol style="list-style-type: none"> <li>1. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. Think about everything that has happened in the story so far. What has Zea done to show how committed she is to this Hunting Challenge? <ol style="list-style-type: none"> <li>a. <i>Zea has practiced with her bow and arrow for a long time; She has learned how to track animals and how to live outside with a tent for many days while she hunts.</i></li> </ol> </li> <li>3. Who does our verse say that we should be committed to? (God)</li> </ol> <p><i>Our verse says that being fully committed to God means that you listen to Him and obey Him. God tells us in the bible to obey our parents - so being committed to God means that you practice obeying your parents. God also tells us in the bible to be kind to others - so being committed to God means that you practice being kind!</i></p>

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<p>Wk9: May 15-20</p>	<p style="text-align: center;"><b>Story Week Pt 5</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 5 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>● What made Zea choose to go back home? <i>[She started to focus on her fear of the alligator instead of how to catch him.]</i></li> <li>● What made her turn back toward the swamp? <i>[Grandfather's words, "To commit to something means that you will MAKE yourself stick to it until the end, even if it is very hard."]</i></li> <li>● Why was Zea so amazed at the end? <i>[She never thought she could kill a big, fierce alligator. This seemed impossible but when she stayed committed it became possible.]</i></li> </ul> </li> <li>3. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> </ol>
<p>Wk10: May 22-27</p>	<p style="text-align: center;"><b>I Choose Great Commitments to Experience Great Rewards</b></p> <ol style="list-style-type: none"> <li>1. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. What happened in last week's story? <ol style="list-style-type: none"> <li>a. <i>Zea hunted and shot an alligator!</i></li> </ol> </li> <li>3. Why was it difficult for Zea to hunt the alligator? <ol style="list-style-type: none"> <li>a. <i>She was very afraid of the alligator; She knew it was very dangerous.</i></li> <li>b. <i>She missed her home and her grandparents; she wanted to go back.</i></li> </ol> </li> </ol> <p><i>Sometimes keeping a big promise seems too hard to do. Maybe you promise your dad that you will not eat any more candy, but then it seems too hard. All you want is to taste that candy! But keeping your commitment to your dad means you don't eat it, no matter what. When you keep a promise that big, you will make your dad happy and be proud of yourself!</i></p>

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<p>Wk11: May 30 - Jun 3</p>	<p style="text-align: center;"><b>Story Week Pt 6</b></p> <ol style="list-style-type: none"> <li>1. Listen to Part 6 of the story.</li> <li>2. Ask questions (as appropriate, depending on age and amount of time you have): <ul style="list-style-type: none"> <li>● <b>**Can something be wrong even if no one knows about it? [Yes, because God is the One who tells us what is right and wrong and He can see into our hearts and minds.]</b></li> <li>● Why did Zea decide not to take the dead python? <i>[She knew she wouldn't be able to really enjoy the prize. She knew God would see her as well. She wanted to do what was right.]</i></li> <li>● How did Zea get the python to come out of the warm water? <i>[She threw pebbles near it.]</i></li> <li>● <b>**Why was Zea filled with peace as she stood before the crowd at the end of the story? [She had made the right choices even though it was difficult. She fulfilled her promise to stick to her commitment. She was now a better person than when she had first made her commitment.]</b></li> </ul> </li> <li>3. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> </ol>
<p>Wk12: Jun 5-10</p>	<p style="text-align: center;"><b>I Value My Honor Enough to Stay Committed to the End</b></p> <ol style="list-style-type: none"> <li>1. "What is commitment?" (students repeat back the character declaration as written in Week 1). Then review verse and sign language.</li> <li>2. What happened in last week's story? <ol style="list-style-type: none"> <li>a. <i>Zea shot a python and won the Hunting Challenge!</i></li> </ol> </li> <li>3. How was Zea tempted to cheat at winning the Challenge? <ol style="list-style-type: none"> <li>a. <i>She found a dead python, and she knew she could have pretended that she shot it.</i></li> </ol> </li> <li>4. What did Zea decide to do after she found the dead Python? <ol style="list-style-type: none"> <li>a. <i>She decided she would not take the dead snake. She knew she should complete the Challenge the right way without cheating.</i></li> </ol> </li> </ol> <p><i>Sometimes it is tempting to quit when you are in the middle of doing something hard. If your coach tells you to do 10 leg lifts, but you get tired after doing 5, you might be tempted to quit and pretend that you already did 10. But a gymnast with commitment will keep working at the leg lifts until they have finished all 10 of them!</i></p>